

## Gradual Psalms for the Congregation

There are many methods for singing the psalms in use today. Plainsong, certainly the oldest known method in the history of the Church, must take place of preference. The elaboration of plainsong melodies for texts of antiphons and portions of psalms as “minor propers” of the mass, is intentionally set apart as music for trained choirs. However, the eight original psalm tones provide a melodic formula subservient to the text and simple enough for any congregation to sing. Since repetition is the easiest way to teach any form for music, these psalms have intentionally been set to the same chant for the Advent, Epiphany, Lent, and Easter seasons.

The first three notes [intonation] are used only for the beginning verse.

The Reciting Note (RN) is used for text up to the / symbol.

Words following the / symbol are sung syllabically to each note. (\*see below)

Parenthetical notes ( ) are only used when needed.

Notes indicate pitch. Natural word accents supply the rhythm.



First Sunday of Advent – RCL Year “C”

Psalm 25:1-9

Tone VIII.1



- 1 To you, O LORD, I lift up my soul; my God, I put my / trust in you;\*  
let me not be humiliated, nor let my enemies / triumph over me.
- 2 Let none who look to you be / put to shame;\*  
let the treacherous be disap/pointed in their schemes.
- 3 Show me your / ways, O LORD,\*  
and / teach me your paths.
- 4 Lead me in your truth and / teach me,\*  
for you are the God of my salvation;  
in you have I trusted / all the day long.
- 5 Remember, O LORD, your compassion and / love,\*  
for they are from / everlasting.
- 6 Remember not the sins of my youth and my trans/gressions;\*  
remember me according to your love  
and for the sake of your / goodness, O LORD.
- 7 Gracious and upright is the / LORD;\*  
therefore he teaches / sinners in his way.
- 8 He guides the humble in / doing right\*  
and teaches his way / to the lowly.
- 9 All the paths of the LORD are love and / faithfulness\*  
to those who keep his covenant and his / testimonies.

Second Sunday of Advent - RCL Year "C"

Canticle 4 or 16 *Benedictus Dominus Deus* (The Song of Zechariah)

Canticle 4 Hymnal S-190 thru S-195

Canticle 16 Hymnal S-248 thru S-252

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Third Sunday of Advent – RCL Year "C"

Canticle 9 *Ecce, Deus* (The First Song of Isaiah)

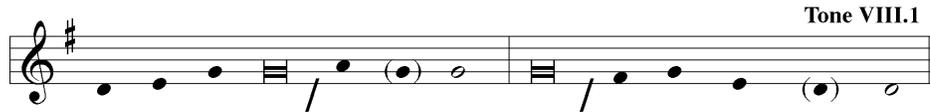
Canticle 9 Hymnal S-213 thru S-216

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Fourth Sunday of Advent - RCL Year "C"

Canticle 3 or 15 *Magnificat (The Song of Mary)* or **Psalm 80:1-7**

Canticle 3 Hymnal S-185 thru S-189

Canticle 15 Hymnal S-242 thru S-247

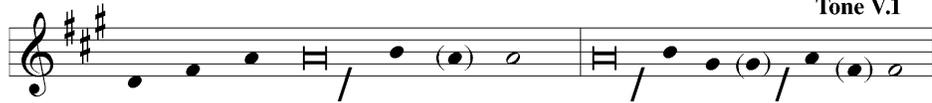


- 1 Hear, O Shepherd of Israel, leading Joseph / like a flock;\*  
Shine forth, you that are enthroned up/on the cherubim.
- 2 In the presence of Ephraim, Benjamin, and Ma/nasseh.\*  
stir up your strength and / come to help us.
- 3 Restore us, O / God of hosts;\*  
show the light of your countenance, / and we shall be saved.
- 4 O LORD / God of hosts,\*  
how long will you be angered  
despite the prayers / of your people?
- 5 You have fed them with the / bread of tears;\*  
you have given them / bowls of tears to drink.
- 6 You have made us the derision of our / neighbors,\*  
and our ene/mies laugh us to scorn.
- 7 Restore us, O / God of hosts;\*  
show the light of your countenance, / and we shall be saved.

Christmas Eve and Day – RCL Years “A, B, and C”

Proper I – Psalm 96

Tone V.1



- 1 Sing to the LORD a / new song;\*  
Sing to the LORD, / all the / whole earth.
- 2 Sing to the LORD and / bless his Name;\*'   
proclaim the good news of his sal/vation from / day to day.
- 3 Declare his glory among the / nations\*   
and his wonders a/mong all / peoples.
- 4 For great is the LORD and greatly to be / praised.   
he is more to be / feared than / all gods.
- 5 As for all the gods of the nations, they are but / idols;\*   
but it is the LORD who / made the / heavens.
- 6 Oh, the majesty and magnificence of his / presence!\*   
Oh, the power and the splendor of his / sanctu/ary!
- 7 Ascribe to the LORD, you families of the / peoples;\*   
ascribe to the LORD / honor and / power.
- 8 Ascribe to the LORD the honor due his / Name;\*   
bring offerings and / come in/to his courts.
- 9 Worship the LORD in the beauty of / holiness;\*   
let the whole earth / tremble be/fore him.
- 10 Tell it among the nations: “The / LORD is King!”\*   
he has made the world so firm that it cannot be moved;   
he will judge the / peoples with / equity.”
- 11 Let the heavens rejoice, and let the earth be glad;   
let the sea thunder and all that is / in it;\*   
let the field be joyful and / all that / is therein.
- 12 Then shall all the trees of the wood shout for joy   
before the LORD / when he comes,\*   
when he / comes to / judge the earth.
- 13 He will judge the world with / righteousness\*   
and the / peoples / with his truth.

Christmas Eve and Day – RCL Years “A, B, and C”

Proper II – Psalm 97

Tone V.1

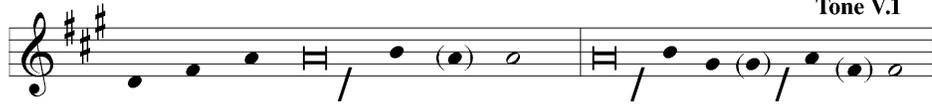


- 1 The LORD is King; let the / earth rejoice; \*  
let the multitude / of the / isles be glad.
- 2 Clouds and darkness are round a/bout him; \*  
righteousness and justice are the foun/dations /of his throne.
- 3 A fire goes be/fore him\*  
and burns up his ene/mies on / every side.
- 4 His lightnings light / up the world; \*  
the earth / sees it and / is afraid.
- 5 The mountains melt like wax at the presence of the / LORD; \*  
at the presence of the / Lord of the / whole earth.
- 6 The heavens declare his / righteousness; \*  
and all the peoples / see his / glory.
- 7 Confounded be all who worship carved images  
and delight in / false gods! \*  
Bow down be/fore him, / all you gods.
- 8 Zion hears and is glad, and the cities of Judah re/joyce; \*  
because of your / judgments, / O LORD.
- 9 For you are the LORD, most high over / all the earth; \*  
you are exalted / far a/bove all gods.
- 10 The LORD loves those who hate / evil; \*  
he preserves the lives of his saints  
and delivers them from the / hand of the / wicked.
- 11 Light has sprung up for the / righteous; \*  
and joyful gladness for those who / are true/hearted.
- 12 Rejoice in the LORD, you / righteous; \*  
and give thanks / to his / holy Name.

Christmas Eve and Day – RCL Years “A, B, and C”

Proper III – Psalm 98

Tone V.1



- 1 Sing to the LORD a / new song,\*  
for he has done / marve/lous things.
- 2 With his right hand and his / holy arm\*  
has he won for him/self the / victory.
- 3 The LORD has made known his / victory;\*  
his righteousness has he openly shown in the / sight of the / nations.
- 4 He remembers his mercy and faithfulness to the house of / Israel,\*  
and all the ends of the earth have seen the / victory / of our God.
- 5 Shout with joy to the LORD, / all you lands;\*  
lift up your / voice, re/joyce, and sing.
- 6 Sing to the LORD with the / harp,\*  
with the / harp and the / voice of song.
- 7 With trumpets and the sound of the / horn\*  
shout with joy be/fore the / King, the LORD.
- 8 Let the sea make a noise and all that is / in it,\*  
the lands and / those who / dwell therein.
- 9 Let the rivers / clap their hands,\*  
and let the hills ring out with joy before the LORD,  
when he / comes to / judge the earth.
- 10 In righteousness shall he / judge the world\*  
and the / peoples with / equity.

The First Sunday after Christmas – RCL Years “A, B, and C”

Psalm 147 or 147:13-21

Tone V.1



- [1 Hallelujah! How good it is to sing praises to our / God!\*
- how pleasant it is to / honor / him with praise!
- 2 The LORD rebuilds Je/rusalem;\*
- he gathers the / exiles of / Israel.
- 3 He heals the broken / hearted\*
- and / binds up / their wounds.
- 4 He counts the number of the / stars\*
- and calls them / all by / their names.
- 5 Great is our LORD and mighty in / power;\*
- there is no limit / to his / wisdom.
- 6 The LORD lifts up the / lowly,\*
- but casts the / wicked / to the ground.
- 7 Sing to the LORD with / thanksgiving;\*
- make music to our / God up/on the harp.
- 8 He covers the heavens with / clouds\*
- and prepares / rain for / the earth;
- 9 He makes grass to grow upon the / mountains\*
- and green / plants to / serve mankind.
- 10 He provides food for / flocks and herds\*
- and for the young / ravens / when they cry.
- 11 He is not impressed by the might of a / horse;\*
- he has no pleasure in the / strength of / a man;
- 12 But the LORD has pleasure in those who / fear him,\*
- in those who await his / gracious / favor.]
- 13 Worship the LORD, O Je/rusalem;\*
- Praise your / God, O / Zion.
- 14 For he has strengthened the bars of / your gates;\*
- he has blessed your / children with/in you.
- 15 He has established peace on your / borders;\*
- he satisfies you / with the / finest wheat.
- 16 He sends out his command to the / earth,\*
- and his word runs / very / swiftly.
- 17 He gives / snow like wool;\*
- he scatters / hoarfrost like / ashes.
- 18 He scatters his hail like / bread crumbs;\*
- who can / stand a/gainst his cold?
- 19 He sends forth his word and / melts them;\*
- he blows with his wind, / and the / waters flow.

- 20 He declares his word to / Jacob,\*  
his statutes and his / judgments to / Israel.
- 21 He has not done so to any other / nation;\*  
to them he has not revealed his judgments. / Halle/lujah.

The Holy Name – RCL Years “A, B, and C”

Psalm 8

Tone V.1



- 1 O LORD our / Governor,\*  
how exalted is your / Name in / all the world!
- 2 Out of the mouths of infants and / children\*  
your majesty is praised a/bove the / heavens.
- 3 You have set up a stronghold against your adver/saries,\*  
to quell the enemy / and the a/venger.
- 4 When I consider your heavens, the work of your / fingers,\*  
the moon and the stars you have / set in their / courses,
- 5 What is man that you should be mindful of / him?\*the son of man that / you should / seek him out?
- 6 You have made him but little lower than the / angels;\*you adorn him with / glory and / honor;
- 7 You give him mastery over the works of / your hands;\*you put all things / under / his feet:
- 8 All sheep and / oxen,\*  
even the / wild beasts / of the field,
- 9 The birds of the air, the fish of the / sea,\*  
and whatsoever walks in the / paths of / the sea.
- 10 O LORD our / Governor,\*  
how exalted is your / Name in / all the world!

The Second Sunday after Christmas – RCL Years “A, B, and C”

Psalm 84 or 84:1-8

Tone V.1

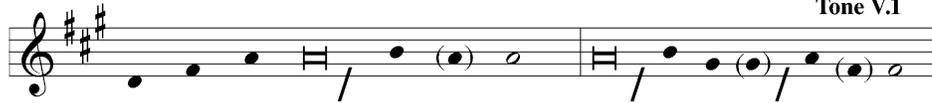


- 1 How dear to me is your dwelling, O / LORD of hosts! \*  
My soul has a desire and longing for the courts of the LORD;  
my heart and my flesh re/joyce in the / living God.
- 2 The sparrow has found her a house  
and the swallow a nest where she may / lay her young; \*  
by the side of your altars, O LORD of hosts, my / King and / my God.
- 3 Happy are they who dwell in / your house! \*  
they will / always be / praising you.
- 4 Happy are the people whose strength is / in you! \*  
whose hearts are / set on the / pilgrims' way.
- 5 Those who go through the desolate valley will find it a / place of springs, \*  
for the early rains have covered it with / pools of / water.
- 6 They will climb from / height to height, \*  
and the God of gods will reveal him/self in / Zion.
- 7 LORD God of hosts, / hear my prayer; \*  
hearken, O / God of / Jacob.
- 8 Behold our defender, O / God; \*  
and look upon the face of / your A/nointed.
- 9 For one day in your courts is better than a thousand in / my own room, \*  
and to stand at the threshold of the house of my God  
than to dwell in the / tents of the / wicked.
- 10 For the LORD God is both / sun and shield; \*  
he will give / grace and / glory.
- 11 No good thing will the / LORD withhold \*  
from those who / walk with in/tegrity.
- 12 O / LORD of hosts, \*  
happy are they who / put their / trust in you!

The Epiphany – RCL Years “A, B, and C”

Psalm 72:1-7, 10-14

Tone V.1



- 1 Give the King your justice, / O God,\*  
and your righteousness / to the / King’s Son;
- 2 That he may rule your people / righteously\*  
and the / poor with / justice.
- 3 That the mountains may bring prosperity to the / people,\*  
and the little / hills bring / righteousness.
- 4 He shall defend the needy among the / people;\*  
he shall rescue the poor and crush / the op/pressor.
- 5 He shall live as long as the sun and / moon endure,\*  
from one generation / to an/other.
- 6 He shall come down like rain upon the / mown field,\*  
like showers that / water / the earth.
- 7 In his time shall the righteous / flourish;\*  
there shall be abundance of peace  
till the / moon shall / be no more.
- 10 The kings of Tarshish and of the isles shall pay / tribute,\*  
and the kings of Arabia and / Saba / offer gifts.
- 11 All kings shall bow down be/fore him,\*  
and all the nations / do him / service.
- 12 For he shall deliver the poor who cries out / in distress,\*  
and the oppressed who / has no / helper.
- 13 He shall have pity on the lowly and / poor;\*  
he shall preserve the lives / of the / needy.
- 14 He shall redeem their lives from oppression and / violence,\*  
and dear shall their / blood be / in his sight.

The First Sunday after the Epiphany – RCL Year “C”

Psalm 29 (This psalm is used for all three years.)

Tone V.1



- 1 Ascribe to the / LORD, you gods,\*  
ascribe to the LORD / glory / and strength.
- 2 Ascribe to the LORD the glory / due his Name;\*  
worship the LORD in the / beauty of / holiness.
- 3 The voice of the LORD is upon the waters;  
the God of glory / thunders;\*  
the LORD is upon the / mighty / waters.
- 4 The voice of the LORD is a powerful / voice;\*  
the voice of the LORD is a / voice of / splendor.
- 5 The voice of the LORD breaks the / cedar trees;\*  
the LORD breaks the / cedars of / Lebanon;
- 6 He makes Lebanon skip / like a calf,\*  
and Mount Hermon / like a / young wild ox.
- 7 The voice of the LORD splits the flames of fire;  
the voice of the LORD shakes the / wilderness;\*  
the LORD shakes the wilder/ness of / Kadesh.
- 8 The voice of the LORD makes the / oak trees writhe\*  
and / strips the / forests bare.
- 9 And in the temple of the / LORD\*  
all are / crying, / “Glory!”
- 10 The LORD sits enthroned a/bove the flood;\*  
the LORD sits enthroned as / King for / evermore.
- 11 The LORD shall give strength to his / people;\*  
the LORD shall give his people the / blessing / of peace.

The Second Sunday after the Epiphany – RCL Year “C”

Psalm 36:5-10

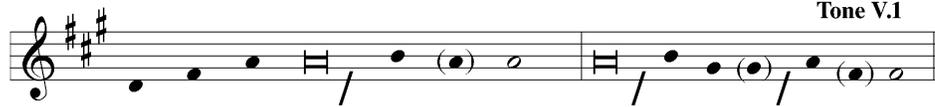
Tone V.1



- 5 Your love, O LORD, reaches to the / heavens,\*  
and your / faithfulness / to the clouds.
- 6 Your righteousness is like the strong mountains,  
your justice like the / great deep;\*  
you save both / man and / beast, O LORD.
- 7 How priceless is your / love, O God!\*  
your people take refuge under the / shadow / of your wings.
- 8 They feast upon the abundance of your / house;\*  
you give them drink from the / river of / your delights.
- 9 For with you is the well of / life,\*  
and in your / light we / see light.
- 10 Continue your loving-kindness to those who / know you,\*  
and your favor to / those who are / true of heart.

The Third Sunday after the Epiphany – RCL Year “C”

Psalm 19



Tone V.1

- 1 The heavens declare the glory of / God,\*  
and the firmament / shows his / handiwork.
- 2 One day tells its tale to an/other,\*  
and one night imparts knowledge / to an/other.
- 3 Although they have no words or / language,\*  
and their / voices are / not heard,
- 4 Their sound has gone out into / all lands,\*  
and their message to the / ends of / the world.
- 5 In the deep has he set a pavilion / for the sun;\*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a / champion to / run its course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of / it again;\*  
nothing is hidden / from its / burning heat.
- 7 The law of the LORD is perfect and re/vives the soul;\*  
the testimony of the LORD is sure  
and gives wisdom / to the / innocent.
- 8 The statutes of the LORD are just and rejoice the heart;\*  
the commandment of the LORD is clear  
and gives light to the eyes.
- 9 The fear of the LORD is clean and endures for e/ver;\*  
the judgments of the LORD are true  
and righteous / alto/gether.
- 10 More to be desired are they than gold, more than / much fine gold,\*  
sweeter far than honey, than / honey / in the comb.
- 11 By them also is your servant en/lightened,\*  
and in keeping them / there is / great reward.
- 12 Who can tell how often / he offends?\*  
cleanse me / from my / secret faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion / over me;\*  
then shall I be whole and sound, and innocent / of a / great offense.
- 14 Let the words of my mouth and the meditation of my heart  
be acceptable in your / sight,\*  
O LORD, my strength and / my re/deemer.

The Fourth Sunday after the Epiphany – RCL Year “C”

Psalm 71:1-6

Tone V.1

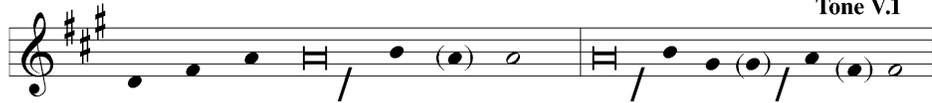


- 1 In you, O LORD, have I taken / refuge;\*  
let me / never / be ashamed.
- 2 In your righteousness, deliver me and / set me free;\*  
incline your ear to / me and / save me.
- 3 Be my strong rock, a castle to / keep me safe;\*  
you are my crag / and my / stronghold.
- 4 Deliver me, my God, from the hand of the / wicked,\*  
from the clutches of the evildoer and / the op/pressor.
- 5 For you are my hope, O / LORD GOD,\*  
my confi/dence since / I was young.
- 6 I have been sustained by you ever since I was born;  
from my mother’s womb you have been my / strength;\*  
my praise shall be / always / of you.

The Fifth Sunday after the Epiphany – RCL Year “C”

Psalm 138

Tone V.1



- 1 I will give thanks to you, O LORD, with my / whole heart;\*  
before the gods / I will / sing your praise.
- 2 I will bow down toward your holy temple and / praise your Name,\*  
because of your / love and / faithfulness;
- 3 For you have glorified your / Name\*  
and your / word a/bove all things.
- 4 When I called, you / answered me;\*  
you increased my / strength with/in me.
- 5 All the kings of the earth will praise you, / O LORD,\*  
when they have heard the / words of / your mouth.
- 6 They will sing of the ways of the / LORD,\*  
that great is the / glory / of the LORD.
- 7 Though the LORD be high, he cares for the / lowly;\*  
he perceives the / haughty / from afar.
- 8 Though I walk in the midst of trouble, you / keep me safe;\*  
you stretch forth your hand against the fury of my enemies;  
your right / hand shall / save me.
- 9 The LORD will make good his purpose for / me;\*  
O LORD, your love endures for ever;  
do not abandon the / works of / your hands

The Sixth Sunday after the Epiphany – RCL Year “C”

Psalm 1

Tone V.1



- 1 Happy are they who have not walked in the counsel of the / wicked,\*  
nor lingered in the way of sinners,  
nor sat in the / seats of the / scornful!
- 2 Their delight is in the law of the / LORD,\*  
and they meditate on / his law / day and night.
- 3 They are like trees planted by streams of water,  
bearing fruit in due season, with leaves that do not / wither,\*  
everything they / do shall / prosper.
- 4 It is not so with the / wicked;\*  
they are like chaff / which the wind / blows away.
- 5 Therefore the wicked shall not stand upright when / judgment comes,\*  
nor the sinner in the council / of the righteous.
- 6 For the LORD knows the way of the / righteous,\*  
but the way of the / wicked / is doomed.

The Seventh Sunday after the Epiphany – RCL Year “C”

Psalm 37:1-12, 41-42

Tone V.1



- 1 Do not fret yourself because of evil/doers;\*  
do not be jealous of / those who / do wrong.
- 2 For they shall soon wither / like the grass,\*  
and like the / green grass / fade away.
- 3 Put your trust in the LORD and / do good;\*  
dwell in the land and / feed on its / riches.
- 4 Take delight in the / LORD,\*  
and he shall / give you your / heart's desire.
- 5 Commit your way to the LORD and put your / trust in him,\*  
and he will / bring it / to pass.
- 6 He will make you righteousness as clear as the / light\*  
and your just dealing / as the / noonday.
- 7 Be still be/fore the LORD\*  
and wait / patiently / for him.
- 8 Do not fret yourself over the one who / prospers,\*  
the one who suc/ceeds in / evil schemes.
- 9 Refrain from anger, leave / rage alone;\*  
do not fret yourself; it leads / only to / evil.
- 10 For evildoers shall be / cut off,\*  
but those who wait upon the LORD / shall pos/sess the land.
- 11 In a little while the wicked shall / be no more;\*  
you shall search out their place, but / they will / not be there.
- 12 But the lowly shall pos/ses the land;\*  
they will delight in a/bundance / of peace.
- 41 But the deliverance of the righteous comes from the / LORD:\*  
he is their stronghold in / time of / trouble.
- 42 The LORD will help them and / rescue them;\*  
he will rescue them from the wicked and deliver them,  
because they seek / refuge / in him.

The Eighth Sunday after the Epiphany – RCL Year “C”

Psalm 92:1-4, 11-14

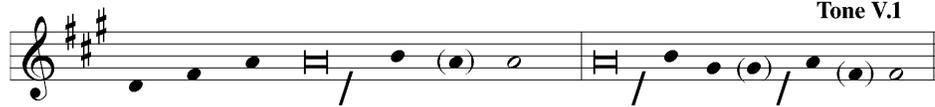
Tone V.1



- 1 It is a good thing to give thanks to the / LORD,\*  
and to sing praises to your / Name, O / Most High;
- 2 To tell of your loving-kindness early in the / morning\*  
and of your faithfulness in / the night / season;
- 3 On the psaltery, and / on the lyre,\*  
and to the / melody / of the harp.
- 4 For you have made me glad by your / acts, O LORD;\*  
and I shout for joy because of the / works of / your hands.
- 11 The righteous shall flourish like a / palm tree,\*  
and shall spread abroad like a / cedar of / Lebanon.
- 12 Those who are planted in the house of the / LORD\*  
shall flourish in the / courts of / our God;
- 13 They shall still bear fruit in / old age;\*  
they shall be / green and / succulent;
- 14 That they may show how upright the / LORD is,\*  
my Rock, in / whom there / is no fault.

The Last Sunday after the Epiphany – RCL Year “C”

Psalm 99



- 1 The LORD is King; let the people / tremble;\*  
he is enthroned upon the cherubim; / let the / earth shake.
- 2 The LORD is great in / Zion;\*  
he is high a/bove all / peoples.
- 3 Let them confess his Name, which is great and / awesome;\*  
he / is the / Holy One.
- 4 “O mighty King, lover of justice, you have established / equity;\*  
you have executed justice and righteous/ness in / Jacob.”
- 5 Proclaim the greatness of the LORD our God  
and fall down before his / footstool;\*  
he / is the / Holy One.
- 6 Moses and Aaron among his priests,  
and Samuel among those who call up/on his Name,\*  
they called upon the LORD, / and he / answered them.
- 7 He spoke to them out of the pillar of / cloud;\*  
they kept his testimonies and the decree / that he / gave them.
- 8 O LORD our God, you answered / them indeed;\*  
you were a God who forgave them,  
yet punished them / for their / evil deeds.
- 9 Proclaim the greatness of the LORD our God  
and worship him upon his / holy hill;\*  
for the LORD our God / is the / Holy One.

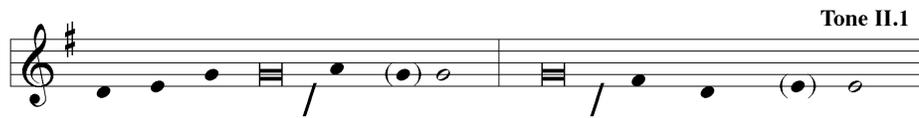




- 15 Deliver me from / death, O God, \*  
and my tongue shall sing of your righteousness,  
O God of my / salvation.
- 16 Open my / lips, O Lord, \*  
and my mouth shall / proclaim your praise.
- 17 Had you desired it, I would have offered / sacrifice; \*  
but you take no delight in / burnt-offerings.
- 18 The sacrifice of God is a troubled / spirit; \*  
a broken and contrite heart, O God, you / will not despise.

First Sunday in Lent – RCL Year “C”

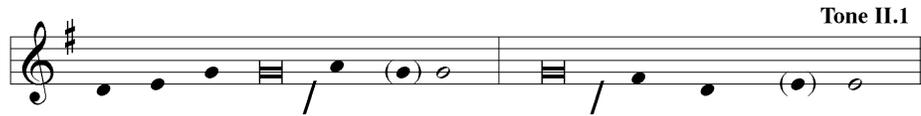
Psalm 91:1-2, 9-16



- 1 He who dwells in the shelter of the / Most High,\*  
abides under the shadow of the / Almighty.
- 2 He shall say to the LORD, “You are my refuge and my / stronghold,\*  
my God in whom / I put my trust.”
- 9 Because you have made the LORD your / refuge,\*  
and the Most High your hab/itation,
- 10 There shall no evil happen to / you,\*  
neither shall any plague come near / your dwelling.
- 11 For he shall give his angels charge / over you,\*  
to keep you / in all your ways.
- 12 They shall bear you in / their hands,\*  
lest you dash your foot a/gainst a stone.
- 13 You shall tread upon the lion and / adder;\*  
you shall trample the young lion and the serpent un/der your feet.
- 14 Because he is bound to me in love, therefore will I de/liver him;\*  
I will protect him, because / he knows my Name.
- 15 He shall call upon me, and I will / answer him;\*  
I am with him in trouble;  
I will rescue him and bring him / to honor.
- 16 With long life will I satisfy / him,\*  
and show him my / salvation.

Second Sunday in Lent – RCL Year “C”

Psalm 27



- 1 The LORD is my light and my salvation; whom then shall I / fear?\*
- the Lord is the strength of my life;
- of whom then shall / I be afraid?
- 2 When evildoers came upon me to eat up my / flesh,\*
- it was they, my foes and my adversaries, who stum/bled and fell.
- 3 Though an army should encamp a/gainst me,\*
- yet my heart shall / not be afraid;
- 4 And though war should rise up a/gainst me,\*
- yet will I put / my trust in him.
- 5 One thing have I asked of the LORD; one / thing I seek;\*
- that I may dwell in the house of the LORD all the days / of my life;
- 6 To behold the fair beauty of the / LORD\*
- and to seek him in / his temple.
- 7 For in the day of trouble he shall keep me safe in his / shelter;\*
- he shall hide me in the secrecy of his dwelling
- and set me high / upon a rock.
- 8 Even now he lifts up my / head\*
- above my enemies round / about me.
- 9 Therefore I will offer in his dwelling an oblation
- with sounds of great / gladness;\*
- I will sing and make mus/ic to the LORD.
- 10 Hearken to my voice, O LORD, when I / call;\*
- have mercy on me / and answer me.
- 11 You speak in my heart and say, / “Seek my face.”\*
- Your face, / LORD, will I seek.
- 12 Hide not your / face from me,\*
- nor turn away your servant in / displeasure. (*continued*)
- 13 You have been my helper; cast me / not away;\*
- do not forsake me, O God of my / salvation.
- 14 Though my father and my mother for/sake me,\*
- the LORD will / sustain me.
- 15 Show me your / way, O LORD;\*
- lead me on a level path, because of / my enemies.
- 16 Deliver me not into the hand of my adver/saries,\*
- for false witnesses have risen up against me,
- and also those who / speak malice.

- 17 What if I had not believed that I should see the  
goodness of the / LORD\*  
in the land of / the living!
- 18 O tarry and await the LORD's pleasure;  
be strong, and he shall comfort your / heart;\*  
wait patient/ly for the LORD.

Third Sunday in Lent – RCL Year “C”

Psalm 63:1-8



1. O God, you are my God; eagerly I / seek you;\*  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there is / no water.
2. Therefore I have gazed upon you in your / holy place,\*  
that I might behold your power and / your glory.
3. For your loving-kindness is better than / life itself;\*  
my lips / shall give you praise.
4. So will I bless you as long as I / live\*  
and lift up my hands / in your Name.
5. My soul is content, as with marrow and / fatness,\*  
and my mouth praises you / with joyful lips,
6. When I remember you up/on my bed,\*  
and meditate on you in the / night watches.
7. For you have been my / helper,\*  
and under the shadow of your wings / I will rejoice.
8. My soul / clings to you;\*  
your right / hand holds me fast.

Fourth Sunday in Lent – RCL Year “C”

Psalm 32

Tone II.1



- 1 Happy are they whose transgressions are for/given,\*  
and whose sin / is put away!
- 2 Happy are they to whom the LORD imputes / no guilt,\*  
and in whose spirit / there is no guile!
- 3 While I held my tongue, my bones withered a/way,\*  
because of my groan/ing all day long.
- 4 For your hand was heavy upon me / day and night;\*  
my moisture was dried up as in the heat / of summer.
- 5 Then I acknowledged my / sin to you,\*  
and did not / conceal my guilt.
- 6 I said, “I will confess my transgressions to the / LORD.”\*  
Then you forgave me the guilt / of my sin.
- 7 Therefore all the faithful will make their prayers  
to you in time of / trouble;\*  
when the great waters overflow, they shall / not reach them.
- 8 You are my hiding-place; you preserve me from / trouble;\*  
you surround me with shouts of / deliverance.
- 9 “I will instruct you and teach you in the way that / you should go;\*  
I will guide / you with my eye.
- 10 Do not be like horse or mule, which have no under/standing;\*  
who must be fitted with bit and bridle,  
or else they will not / stay near you.”
- 11 Great are the tribulations of the / wicked;\*  
but mercy embraces those who trust / in the LORD.
- 12 Be glad, you righteous, and rejoice in the / LORD;\*  
shout for joy, all who / are true of heart.

Fifth Sunday in Lent – RCL Year “C”

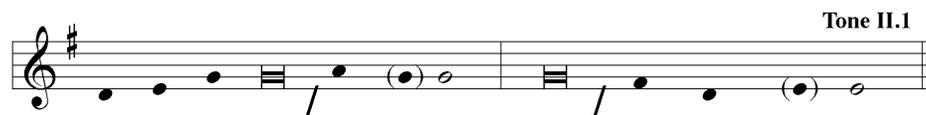
Psalm 126

Tone II.1



- 1 When the LORD restored the fortunes of / Zion,\*  
then were we / like those who dream.
- 2 Then was our mouth filled with / laughter,\*  
and our tongue / with shouts of joy.
- 3 Then they said among the / nations,\*  
“The LORD has done / great things for them.”
- 4 The LORD has done great / things for us,\*  
and we / are glad indeed.
- 5 Restore our fortunes, O / LORD,\*  
like the watercourses of / the Negev.
- 6 Those who / sowed with tears\*  
will reap / with songs of joy.
- 7 Those who go out weeping, carrying the / seed,\*  
will come again with joy, shoulder/ing their sheaves.

Sunday of the Passion (Palm Sunday) – RCL Year “C”  
Psalm 31:9-16 (This psalm is used for all three years.)

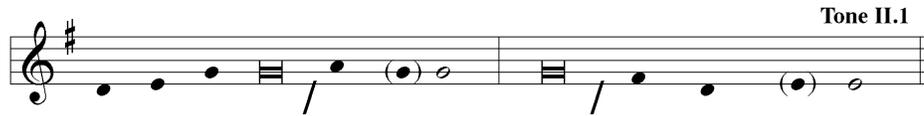


- 9 Have mercy on me, O LORD, for I am in / trouble;\*  
my eye is consumed with sorrow, and also my throat and / my belly.
- 10 For my life is wasted with grief, and my years with / sighing;\*  
my strength fails me because of affliction, and my bones / are consumed.
- 11 I have become a reproach to all my enemies and even to my neighbors,  
a dismay to those of my ac/quaintance;\*  
when they see me in the street they / avoid me.
- 12 I am forgotten like a dead man, / out of mind;\*  
I am as useless as / a broken pot.
- 13 For I have heard the whispering of the crowd; fear is / all around;\*  
they put their heads together against me; they plot / to take my life.
- 14 But as for me, I have trusted in / you, O LORD.\*  
I have said, “You / are my God.
- 15 My times are / in your hand;\*  
rescue me from the hand of my enemies,  
and from those who per/secute me.
- 16 Make your face to shine upon your / servant,\*  
and in your loving-kind/ness save me.”



Good Friday – RCL Years “A, B, and C”

Psalm 22



- 1 My God, my God, why have you for/saken me?\*
- and are so far from my cry and from the words / of my distress?
- 2 O my God, I cry in the daytime, but you do not / answer;\*
- by night as well, but / I find no rest.
- 3 Yet you are the / Holy One,\*
- enthroned upon the praises / of Israel.
- 4 Our forefathers put their / trust in you;\*
- they trusted, and you / delivered them.
- 5 They cried out to you and were de/livered;\*
- they trusted in you and were / not put to shame.
- 6 But as for me, I am a worm and no / man,\*
- scorned by all and despised by / the people.
- 7 All who see me laugh me to / scorn;\*
- they curl their lips and wag their / heads, saying,
- 8 “He trusted in the LORD; let him de/liver him;\*
- let him rescue him, if he / delights in him.”
- 9 Yet you are he who took me out of the / womb,\*
- and kept me safe upon / my mother’s breast.
- 10 I have been entrusted to you ever since / I was born;\*
- you were my God when I was still in / my mother’s womb.
- 11 Be not far from me, for trouble is / near,\*
- and there / is none to help.
- 12 Many young bulls en/circle me;\*
- strong bulls of Bashan / surround me.
- 13 They open wide their / jaws at me,\*
- like a ravening and a roar/ing lion.
- 14 I am poured out like water; all my bones are / out of joint;\*
- my heart within my breast / is melting wax.
- 15 My mouth is dried out like a pot-sherd;
- my tongue sticks to the roof of my / mouth;\*
- and you have laid me in the dust / of the grave.
- 16 Packs of dogs close me in, and gangs of evildoers circle a/round me;\*
- they pierce my hands and my feet; I can count / all my bones.
- 17 They stare and gloat / over me;\*
- they divide my garments among them; they cast lots for / my clothing.
- 18 Be not far away, O / LORD;\*
- you are my strength; hasten / to help me.

- 19 Save me from the / sword,\*  
my life from the power / of the dog.
- 20 Save me from the / lion's mouth,\*  
my wretched body from the horns / of wild bulls.
- 21 I will declare your Name to my / brethren;\*  
in the midst of the congregation I / will praise you.
- 22 Praise the LORD, you that / fear him;\*  
stand in awe of him, O offspring of Israel;  
all you of Jacob's line, / give glory.
- 23 For he does not despise nor abhor the poor in their poverty;  
neither does he hide his / face from them;\*  
but when they cry to him / he hears them.
- 24 My praise is of him in the great as/sembly;\*  
I will perform my vows  
in the presence of those / who worship him.
- 25 The poor shall eat and be satisfied,  
and those who seek the LORD shall / praise him.\*  
"May your heart live / for ever!"
- 26 All the ends of the earth shall remember and turn to the / LORD;\*  
and all the families of the nations shall bow / before him.
- 27 For kingship belongs to the / LORD;\*  
he rules over / the nations.
- 28 To him alone all who sleep in the earth bow down in / worship;\*  
all who go down to the dust fall / before him.
- 29 My soul shall live for him; my descendants shall / serve him;\*  
they shall be known as the LORD's / for ever.
- 30 They shall come and make known to a people / yet unborn\*  
the saving deeds / that he has done.



Easter Day – RCL Year “C”

Psalm 118:1-2, 14-24 (This psalm is used for all three years.)

Tone V.3



- 1 Give thanks to the LORD, for / he is good,\*  
his mercy en/dures for ever.
- 2 Let Israel / now proclaim,\*  
“His mercy en/dures for ever.”
- 14 The LORD is my strength and / my song,\*  
and he has become / my salvation.
- 15 There is a sound of exultation and / victory\*  
in the tents / of the righteous:
- 16 “The right hand of the LORD has / triumphed!\*  
the right hand of the LORD is exalted!  
the right hand of the / LORD has triumphed! ”
- 17 I shall not die, but / live,\*  
and declare the / works of the LORD.
- 18 The LORD has punished me / sorely;\*  
but he did not hand me / over to death.
- 19 Open for me the gates of / righteousness;\*  
I will enter them; I will offer / thanks to the LORD.
- 20 “This is the gate of the / LORD;\*  
he who is right/eous may enter”
- 21 I will give thanks to you, for you / answered me\*  
and have become / my salvation.
- 22 The same stone which the builders re/jected\*  
has become / the chief cornerstone.
- 23 This is the LORD’s / doing,\*  
and it is mar/velous in our eyes.
- 24 On this day the LORD has /acted;\*  
we will rejoice / and be glad in it.

Second Sunday of Easter – RCL Year “C”

Psalm 118:14-29 or 150

Tone V.3



- 14 The LORD is my strength and / my song,\*  
and he has become / my salvation.
- 15 There is a sound of exultation and / victory\*  
in the tents / of the righteous:
- 16 “The right hand of the LORD has / triumphed! \*  
the right hand of the LORD is exalted!  
the right hand of the / LORD has triumphed! ”
- 17 I shall not die, but / live,\*  
and declare the / works of the LORD.
- 18 The LORD has punished me / sorely;\*  
but he did not hand me / over to death.
- 19 Open for me the gates of / righteousness;\*  
I will enter them; I will offer / thanks to the LORD.
- 20 “This is the gate of the / LORD;\*  
he who is right/eous may enter”
- 21 I will give thanks to you, for you / answered me\*  
and have become / my salvation.
- 22 The same stone which the builders re/jected\*  
has become / the chief cornerstone.
- 23 This is the LORD’s / doing,\*  
and it is mar/velous in our eyes.
- 24 On this day the LORD has /acted;\*  
we will rejoice / and be glad in it.
- 25 Hosannah, LORD, ho/sannah!\*  
LORD, / send us now success.

*(continued)*

- 26 Blessed is he who comes in the name of the /LORD;\*  
we bless you from the / house of the LORD.
- 27 God is the LORD; he has shined up/ on us;\*  
form a procession with branches up to the horns / of the altar.
- 28 “You are my God, and I will / thank you;\*  
you are my God, and I / will exalt you”
- 29 Give thanks to the LORD, for / he is good;\*  
his mercy en/dures for ever.

Psalm 150

Tone V.3



- 1 Hallelujah! Praise God in his holy / temple;\*  
praise him in the firmament / of his power.
- 2 Praise him for his / mighty acts;\*  
praise him for his ex/cellent greatness.
- 3 Praise him with the blast of the / ram's-horn;\*  
praise / him with lyre and harp.
- 4 Praise him with timbrel and / dance;\*  
praise / him with strings and pipe.
- 5 Praise him with resounding / cymbals;\*  
praise him with loud-/clanging cymbals.
- 6 Let everything that has / breath\*  
praise the LORD. / Hallelujah!

Third Sunday of Easter – RCL Year “C”

Psalm 30

Tone V.3



- 1 I will exalt you, O LORD, because you have lifted me / up\*  
and have not let my enemies / triumph over me.
- 2 O LORD my God, I cried out to / you,\*  
and you re/stored me to health.
- 3 You brought me up, O LORD, from the / dead;\*  
you restored my life as I was going / down to the grave.
- 4 Sing to the LORD, you servants of / his;\*  
give thanks for the remembrance / of his holiness.
- 5 For his wrath endures but the twinkling of an / eye,\*  
his favor / for a lifetime.
- 6 Weeping may / spend the night,\*  
but joy comes / in the morning.
- 7 While I felt secure, I said, “I shall never / be disturbed.\*  
You, LORD, with your favor,  
made me as strong / as the mountains.”
- 8 Then you / hid your face,\*  
and / I was filled with fear.
- 9 I cried to you, O / LORD;\*  
I pleaded with / the Lord, saying,
- 10 “What profit is there in my blood, if I go down to the / Pit?\*will the dust praise you or de/clare your faithfulness?
- 11 Hear, O LORD, and have mercy up/on me;\*  
O LORD, / be my helper.”
- 12 You have turned my wailing into / dancing;\*  
you have put off my sack-cloth and / clothed me / with joy.
- 13 Therefore my heart sings to you without / ceasing;\*  
O LORD my God, I will give you / thanks for ever.

Fourth Sunday of Easter – RCL Year “C”

Psalm 23

Tone V.3



- 1 The Lord is my / shepherd;\*  
I / shall not be in want.
- 2 He makes me lie down in green / pastures\*  
and leads me be/side still waters.
- 3 He revives my / soul\*  
and guides me along right pathways / for his Name’s sake.
- 4 Though I walk through the valley of the shadow of death,  
I shall fear no / evil;\*  
for you are with me; your rod and your / staff, they comfort me.
- 5 You spread a table before me in the presence of  
those who / trouble me;\*  
you have anointed my head with oil, and my cup is / running over.
- 6 Surely your goodness and mercy shall follow me  
all the days of my / life,\*  
and I will dwell in the house of the / LORD for ever.

Fifth Sunday of Easter – RCL Year “C”

Psalm 148



- 1 Hallelujah! Praise the LORD from the / heavens;\*  
\_\_\_\_/ praise him in the heights.
- 2 Praise him, all you angels of / his;\*  
\_\_\_\_/ praise him, all his host.
- 3 Praise him, sun and / moon;\*  
praise him, / all you shining stars.
- 4 Praise him, heaven of / heavens,\*  
and you waters a/bove the heavens.
- 5 Let them praise the Name of the / LORD;\*  
for he commanded, and they / were created.
- 6 He made them stand fast for ever and / ever;\*  
he gave them a law which / shall not pass away.
- 7 Praise the LORD from the / earth,\*  
you sea-mon/sters and all deeps;
- 8 Fire and hail, / snow and fog,\*  
tempestuous wind, / doing his will;
- 9 Mountains and all / hills,\*  
fruit trees / and all cedars;
- 10 Wild beasts and all / cattle,\*  
creeping / things and wingéd birds;
- 11 Kings of the earth and all / peoples,\*  
princes and all / rulers of the world;
- 12 Young men and / maidens,\*  
old and / young together.
- 13 Let them praise the Name of the / LORD,\*  
for his Name only is exalted,  
his splendor is over / earth and heaven.

*(continued)*

- 14 He has raised up strength for his people  
and praise for all his loyal / servants,\*  
the children of Israel, a people who are near him. / Hallelujah!



Ascension Day – RCL Years “A, B, and C”

Psalm 47 or 93

Tone V.3



- 1 Clap your hands, all you / peoples;\*  
shout to God / with a cry of joy.
- 2 For the LORD Most High is to be / feared;\*  
he is the great King / over all the earth.
- 3 He subdues the peoples / under us,\*  
and the nations / under our feet.
- 4 He chooses our inheritance for / us,\*  
the pride of / Jacob whom he loves.
- 5 God has gone up with a / shout,\*  
the LORD with the sound / of the Ram's-horn.
- 6 Sing praises to God, sing / praises;\*  
sing praises to our / King, sing praises.
- 7 For God is King of / all the earth;\*  
sing prais/es with all your skill.
- 8 God reigns over the / nations;\*  
God sits up/on his holy throne.
- 9 The nobles of the peoples have gathered to/gether\*  
with the people of the / God of Abraham.
- 10 The rulers of the earth be/long to God,\*  
and he is high/ly exalted.

# Psalm 93

Tone V.3



- 1 The LORD is King; he has put on splendid ap/parel;\*  
the LORD has put on his apparel  
and gird/ed himself with strength.
- 2 He has made the whole world so / sure\*  
that / it cannot be moved;
- 3 Ever since the world began, your throne has been es/tablshed;\*  
you are from / everlasting.
- 4 The waters have lifted up, O LORD,  
the waters have lifted / up their voice;\*  
the waters have lifted / up their pounding waves.
- 5 Mightier than the sound of many waters,  
mightier than the breakers of the / sea,\*  
mightier is the / LORD who dwells on high.
- 6 Your testimonies are / very sure,\*  
and holiness adorns your house, O LORD,  
for ever / and for evermore.

Seventh Sunday of Easter – RCL Year “C”

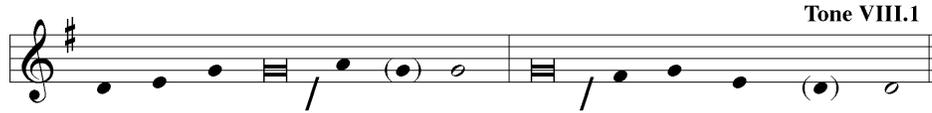
Psalm 97

Tone V.3



- 1 The LORD is King; let the / earth rejoice; \*  
let the multitude / of the isles be glad.
- 2 Clouds and darkness are round a/bout him; \*  
righteousness and justice are the foun/dations of his throne.
- 3 A fire goes be/fore him \*  
and burns up his ene/mies on every side.
- 4 His lightnings light / up the world; \*  
the earth sees / it and is afraid.
- 5 The mountains melt like wax at the presence of the / LORD; \*  
at the presence of the Lord / of the whole earth.
- 6 The heavens declare his / righteousness; \*  
and all the peoples / see his glory.
- 7 Confounded be all who worship carved images  
and delight in / false gods! \*  
Bow down be/fore him, all you gods.
- 8 Zion hears and is glad, and the cities of Judah re/joyce; \*  
because of your / judgments, O LORD.
- 9 For you are the LORD, most high over / all the earth; \*  
you are exalted / far above all gods.
- 10 The LORD loves those who hate / evil; \*  
he preserves the lives of his saints  
and delivers them from the hand / of the wicked.
- 11 Light has sprung up for the / righteous; \*  
and joyful gladness for those who / are truehearted.
- 12 Rejoice in the LORD, you / righteous; \*  
and give thanks / to his holy Name.

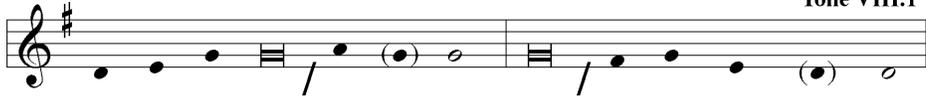
The Day of Pentecost: Whitsunday – RCL Year “C”  
Psalm 104:25-35, 37b (This psalm is used for all three years.)



- 25 O LORD, how manifold are your / works!\*
- in wisdom you have made them all;  
the earth is full / of your creatures.
- 26 Yonder is the great and wide sea  
with its living things too many to / number,\*  
crea/tures both small and great.
- 27 There move the ships, and there is that Le/viathan,\*  
which you have made / for the sport of it.
- 28 All of them / look to you\*  
to give them their food / in due season.
- 29 You give it to them; they / gather it;\*
- you open your hand, and they are / filled with good things.
- 30 You hide your face, and they are / terrified;\*
- you take away their breath, and they die and re/turn to their dust.
- 31 You send forth your Spirit, and they are cre/ated;\*
- and so you renew the / face of the earth.
- 32 May the glory of the LORD endure for / ever;\*
- may the LORD re/joyce in all his works.
- 33 He looks at the earth and it / trembles;\*
- he touches the / mountains and they smoke.
- 34 I will sing to the LORD as long as I / live;\*
- I will praise my God while I / have my being.
- 35 May these words of mine / please him;\*
- I will rejoice in the LORD. / Hallelujah!

Pentecost 1: Trinity Sunday – RCL Year “C”  
Psalm 8 or Canticle 2 or 13 (*Benedictus es, Domine*)

Tone VIII.1



- 1 O LORD our / Governor,\*  
how exalted is your / Name in all the world!
- 2 Out of the mouths of infants and / children\*  
your majesty is praised a/bove the heavens.
- 3 You have set up a stronghold against your adver/saries,\*  
to quell the enemy and / the avenger.
- 4 When I consider your heavens, the work of your / fingers,\*  
the moon and the stars you have set / in their courses,
- 5 What is man that you should be mindful of / him?\*
- the son of man that / you should seek him out?
- 6 You have made him but little lower than the / angels,\*  
you adorn him with glo/ry and honor;
- 7 You give him mastery over the works of / your hands;\*
- you put all things / under his feet:
- 8 All sheep and / oxen,\*  
even the / wild beasts of the field,
- 9 The birds of the air, the fish of the / sea,\*  
and whatsoever walks in the / paths of the sea.
- 10 O LORD our / Governor,\*  
how exalted is your / Name in all the world!

If the Sunday between May 24 and 28 inclusive follows Trinity Sunday, the Proper for the Eighth Sunday after the Epiphany is used.

The Sunday between May 29 and June 4 inclusive (if after Trinity Sunday) uses Proper 4.

Pentecost 2 Proper 4 – RCL Year “C”

Psalm 96 or 96:1-9

Tone VIII.1



- 1 Sing to the LORD a / new song;\*  
Sing to the LORD, / all the whole earth.
- 2 Sing to the LORD and / bless his Name;\*’  
proclaim the good news of his salva/tion from day to day.
- 3 Declare his glory among the / nations\*  
and his wonders a/mong all peoples.
- 4 For great is the LORD and greatly to be / praised.  
he is more to be / feared than all gods.
- 5 As for all the gods of the nations, they are but / idols;\*  
but it is the LORD who / made the heavens.
- 6 Oh, the majesty and magnificence of his / presence!\*  
Oh, the power and the splendor of his / sanctuary!
- 7 Ascribe to the LORD, you families of the / peoples;\*  
ascribe to the LORD ho/nor and power.
- 8 Ascribe to the LORD the honor due his / Name;\*  
bring offerings and / come into his courts.
- 9 Worship the LORD in the beauty of / holiness;\*  
let the whole earth trem/ble before him.
- 10 Tell it among the nations: “The / LORD is King!”\*  
he has made the world so firm that it cannot be moved;  
he will judge the peo/ples with equity.”
- 11 Let the heavens rejoice, and let the earth be glad;  
let the sea thunder and all that is / in it;\*  
let the field be joyful and / all that is therein.
- 12 Then shall all the trees of the wood shout for joy  
before the LORD / when he comes,\*  
when he / comes to judge the earth.
- 13 He will judge the world with / righteousness\*  
and the / peoples with his truth.





Pentecost 3 Proper 5 – RCL Year “C”

Psalm 30 or 146

Tone VIII.1



- 1 I will exalt you, O LORD, because you have lifted me / up\*  
and have not let my enemies / triumph over me.
- 2 O LORD my God, I cried / out to you,\*  
and you re/stored me to health.
- 3 You brought me up, O LORD, from the / dead;\*  
you restored my life as I was going / down to the grave.
- 4 Sing to the LORD, you servants of / his;\*  
give thanks for the remembrance / of his holiness.
- 5 For his wrath endures but the twinkling of an / eye,\*  
his favor / for a lifetime.
- 6 Weeping may / spend the night,\*  
but joy comes / in the morning.
- 7 While I felt secure, I said, “I shall never / be disturbed.\*  
You, LORD, with your favor, made me as strong / as the mountains.”
- 8 Then you / hid your face,\*  
and / I was filled with fear.
- 9 I cried to / you, O LORD;\*  
I pleaded with / the Lord, saying,
- 10 “What profit is there in my blood, if I go down to the / Pit?\*
- will the dust praise you or de/clare your faithfulness?
- 11 Hear, O LORD, and have mercy up/on me;\*  
O LORD, / be my helper.”
- 12 You have turned my wailing into / dancing;\*  
you have put off my sack-cloth and / clothed me with joy.
- 13 Therefore my heart sings to you without / ceasing,\*  
O LORD my God, I will give you / thanks for ever.



Pentecost 4 Proper 6 – RCL Year “C”

Psalm 32 or 5:1-8

Tone VIII.1



- 1 Happy are they whose transgressions are for/given,\*  
and whose / sin is put away!
- 2 Happy are they to whom the LORD im/putes no guilt,\*  
and in whose spirit / there is no guile!
- 3 While I held my tongue, my bones withered a/way,\*  
because of my / groaning all day long.
- 4 For your hand was heavy upon me / day and night;\*  
my moisture was dried up as in the / heat of summer.
- 5 Then I acknowledged my / sin to you,\*  
and did / not conceal my guilt.
- 6 I said, “I will confess my transgressions to the / LORD.”\*  
Then you forgave me the / guilt of my sin.
- 7 Therefore all the faithful will make their prayers  
to you in time of / trouble;\*  
when the great waters overflow, they / shall not reach them.
- 8 You are my hiding-place; you preserve me from / trouble;\*  
you surround me with shouts / of deliverance.
- 9 “I will instruct you and teach you in the way that / you should go;\*  
I will / guide you with my eye.
- 10 Do not be like horse or mule, which have no under/standing;\*  
who must be fitted with bit and bridle,  
or else they will / not stay near you.”
- 11 Great are the tribulations of the / wicked;\*  
but mercy embraces those who / trust in the LORD.
- 12 Be glad, you righteous, and rejoice in the / LORD;\*  
shout for joy, all / who are true of heart.

Pentecost 5 Proper 7 – RCL Year “C”

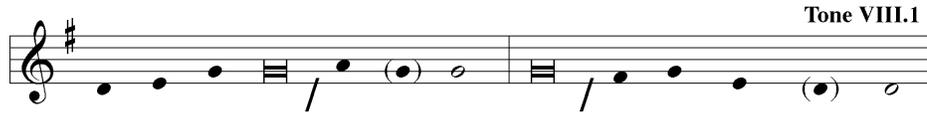
Psalm 42 & 43 or 22:18-27

Tone VIII.1



- 1 As the deer longs for the / water-brooks,\*  
so longs my / soul for you, O God.
- 2 My soul is athirst for God, athirst for the / living God;\*  
when shall I come to appear before the / presence of God?
- 3 My tears have been my food / day and night,\*  
while all day long they say to me, / “Where now is your God?”
- 4 I pour out my soul when I think on / these things:\*  
how I went with the multitude and led them in/to the house of God.
- 5 With the voice of praise and thanks/giving,\*  
among those / who keep holy-day.
- 6 Why are you so full of heaviness, / O my soul?\*
- and why are you so disquiet/ed within me?
- 7 Put your / trust in God;\*
- for I will yet give thanks to him,  
who is the help of my counte/nance, and my God.
- 8 My soul is heavy with/in me;\*
- therefore I will remember you from the land of Jordan,  
and from the peak of Mizar among the / heights of Hermon.
- 9 One deep calls to another in the noise of your / cataracts;\*
- and your rapids and floods / have gone over me.
- 10 The LORD grants his loving-kindness in the / daytime;\*
- in the night season his song is with me, a prayer to the / God of my life.
- 11 I will say to the God of my strength, “Why have you for/gotten me?\*
- and why do I go so heavily while the ene/my oppresses me?”
- 12 While my bones are being / broken,\*  
my enemies / mock me to my face;
- 13 All day long they / mock me\*  
and say to me, / “Where now is your God?”
- 14 Why are you so full of heaviness, / O my soul?\*
- and why are you so disquiet/ed within me?
- 15 Put your / trust in God;\*
- for I will yet give thanks to him,  
who is the help of my counte/nance, and my God.

## Psalm 43



- 1 Give judgment for me, O God,  
and defend my cause against an ungodly / people;\*  
deliver me from the deceitful / and the wicked.
- 2 For you are the God of my strength; why have you put me / from you?\*
- and why do I go so heavily while the ene/my oppresses me?
- 3 Send out your light and your truth, that they may / lead me,\*  
and bring me to your holy hill and / to your dwelling;
- 4 That I may go to the altar of God, to the God of my joy and / gladness;\*
- and on the harp I will give thanks to / you, O God my God.
- 5 Why are you so full of heaviness, / O my soul?\*
- and why are you so disquiet/ed within me?
- 6 Put your / trust in God;\*
- for I will yet give thanks to him,  
who is the help of my counte/nance, and my God.

Pentecost 5 Proper 7 – RCL Year “C”

Psalm 22:18-27 or 42 & 43

Tone VIII.1



- 18 Be not far a/way, O LORD;\*  
you are my strength; ha/sten to help me.
- 19 Save me / from the sword,\*  
my life from the / power of the dog.
- 20 Save me from the / lion’s mouth,\*  
my wretched body from the / horns of wild bulls.
- 21 I will declare your Name to my / brethren;\*  
in the midst of the congregation / I will praise you.
- 22 Praise the LORD, you that / fear him;\*  
stand in awe of him, O offspring of Israel;  
all you of Jacob’s / line, give glory.
- 23 For he does not despise nor abhor the poor in their poverty;  
neither does he hide his / face from them;\*  
but when they cry to / him he hears them.
- 24 My praise is of him in the great as/sembly;\*  
I will perform my vows in the presence of / those who worship him.
- 25 The poor shall eat and be satisfied,  
and those who seek the LORD shall / praise him:\*  
“May your heart / live for ever!”
- 26 All the ends of the earth shall remember and turn to the / LORD;\*  
and all the families of the nations shall / bow before him.
- 27 For kingship belongs to the / LORD;\*  
he rules ov/er the nations.

Pentecost 6 Proper 8 – RCL Year “C”

Psalm 77:1-2, 11-20 or 16

Tone VIII.1



- 1 I will cry a/loud to God;\*  
I will cry aloud, and / he will hear me.
- 2 In the day of my trouble I / sought the LORD;\*  
my hands were stretched out by night and did not tire;  
I refused / to be comforted.
- 11 I will remember the works of the / LORD,\*  
and call to mind your won/ders of old time.
- 12 I will meditate on / all your acts\*  
and pon/der your mighty deeds.
- 13 Your way, O God, is / holy;\*  
who is so great a / god as our God?
- 14 You are the God who works / wonders\*  
and have declared your power a/mong the peoples.
- 15 By your strength you have redeemed your / people,\*  
the children of Ja/cob and Joseph.
- 16 The waters saw you, O God; the waters saw you and / trembled;\*  
the very / depths were shaken.
- 17 The clouds poured out water; the skies / thundered;\*  
your ar/rows flashed to and fro;
- 18 The sound of your thunder was in the whirlwind;  
your lightnings lit / up the world;\*  
the earth / trembled and shook.
- 19 Your way was in the sea, and your paths in the great / waters,\*  
yet your foot/steps were not seen.
- 20 You led your people / like a flock\*  
by the hand of Mo/ses and Aaron.

Pentecost 6 Proper 8 – RCL Year “C”

Psalm 16 or 77:1-2, 11-20

Tone VIII.1



- 1 Protect me, O God, for I take refuge in / you;\*  
I have said to the LORD, “You are my Lord, my good a/bove all other.”
- 2 All my delight is upon the godly that are in the / land,\*  
upon those who are noble a/mong the people.
- 3 But those who run after / other gods\*  
shall have their / troubles multiplied.
- 4 Their libations of blood I will not / offer,\*  
nor take the names of their / gods upon my lips.
- 5 O LORD, you are my portion and / my cup;\*  
it is you / who uphold my lot.
- 6 My boundaries enclose a / pleasant land;\*  
indeed, I have a / goodly heritage.
- 7 I will bless the LORD who gives me / counsel;\*  
my heart teaches / me, night after night.
- 8 I have set the LORD always be/fore me,\*  
because he is at my right / hand I shall not fall.
- 9 My heart, therefore, is glad, and my spirit re/joices;\*  
my body al/so shall rest in hope.
- 10 For you will not abandon me to the / grave,\*  
nor let your ho/ly one see the Pit.
- 11 You will show me the / path of life;\*  
in your presence there is fullness of joy,  
and in your right hand are plea/sures for ever-more.



Pentecost 7 Proper 9 – RCL Year “C”

Psalm 66:1-8 or 30

Tone VIII.1



- 1 Be joyful in God, / all you lands;\*  
sing the glory of his Name; sing the / glory of his praise.
- 2 Say to God, “How awesome / are your deeds!\*  
because of your great strength your enemies / cringe before you.
- 3 All the earth bows down be/fore you,\*  
sings to you, / sings out your Name.”
- 4 Come now and see the / works of God,\*  
how wonderful he is in his doing to/ward all people.
- 5 He turned the sea into dry land,  
so that they went through the water on / foot,\*  
and there / we rejoiced in him.
- 6 In his might he rules for ever; his eyes keep watch over the / nations;\*  
let no rebel rise / up against him.
- 7 Bless our God, you / peoples;\*  
make the voice of his / praise to be heard;
- 8 Who holds our / souls in life,\*  
and will not al/low our feet to slip.

Pentecost 8 Proper 10 – RCL Year “C”

Psalm 82 or 25:1-9

Tone VIII.1



- 1 God takes his stand in the council of / heaven;\*  
he gives judgment in / the midst of the gods:
- 2 “How long will you judge un/justly,\*  
and show favor / to the wicked?
- 3 Save the weak and the / orphan;\*  
defend the hum/ble and needy;
- 4 Rescue the weak and the / poor;\*  
deliver them from the power / of the wicked.
- 5 They do not know, neither do they understand;  
they go about in / darkness;\*  
all the foundations of the / earth are shaken.
- 6 Now I say to you, / ‘You are gods,\*  
and all of you children / of the Most High;
- 7 Nevertheless, you shall die like / mortals,\*  
and / fall like any prince.’”
- 8 Arise, O God, and / rule the earth,\*  
for you shall take all / nations for your own.







Pentecost 10 Proper 12 – RCL Year “C”

Psalm 85 or 138

Tone VIII.1

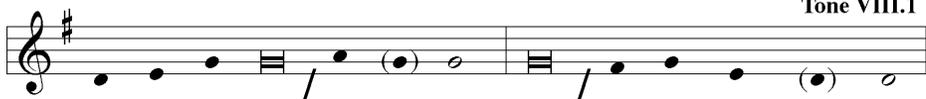


- 1 You have been gracious to your / land, O LORD,\*  
you have restored the good for/tune of Jacob.
- 2 You have forgiven the iniquity of your / people\*  
and blot/ed out all their sins.
- 3 You have withdrawn all your / fury\*  
and turned yourself from your wrathful / indignation.
- 4 Restore us then, O God our / Savior;\*  
let you're an/ger depart from us.
- 5 Will you be displeased with us for / ever?\*
- will you prolong you're an/ger from age to age?
- 6 Will you not give us / life again,\*  
that your people / may rejoice in you?
- 7 Show us your mercy, O / LORD,\*  
and grant us / your salvation.
- 8 I will listen to what the LORD God is / saying,\*  
for he is speaking peace to his faithful people  
and to those who / turn their hearts to him.
- 9 Truly, his salvation is very near to those who / fear him,\*  
that his glory may / dwell in our land.
- 10 Mercy and truth have met to/gether;\*  
righteousness and peace have / kissed each other.
- 11 Truth shall spring up / from the earth,\*  
and righteousness shall look / down from heaven.
- 12 The LORD will indeed grant pros/perity,\*  
and our land will / yield its increase.
- 13 Righteousness shall go be/fore him,\*  
and peace shall be a / pathway for his feet.

Pentecost 10 Proper 12 – RCL Year “C”

Psalm 138 or 85

Tone VIII.1



- 1 I will give thanks to you, O LORD, with my / whole heart;\*  
before the gods / I will sing your praise.
- 2 I will bow down toward your holy temple and / praise your Name,\*  
because of your / love and faithfulness;
- 3 For you have glorified your / Name\*

and your / word above all things.

- 4 When I called, you / answered me;\*  
you increased my / strength within me.
- 5 All the kings of the earth will praise / you, O LORD,\*  
when they have heard the / words of your mouth.
- 6 They will sing of the ways of the / LORD,\*  
that great is the / glory of the LORD.
- 7 Though the LORD be high, he cares for the / lowly;\*  
he perceives the / haughty from afar.
- 8 Though I walk in the midst of trouble, you / keep me safe;\*  
you stretch forth your hand against the fury of my enemies;  
your right / hand shall save me.
- 9 The LORD will make good his purpose for / me;\*  
O LORD, your love endures for ever;  
do not abandon the / works of your hands.

Pentecost 11 Proper 13 – RCL Year “C”

Psalm 107:1-9, 43 or 49:1-11

Tone VIII.1



- 1 Give thanks to the LORD, for / he is good,\*  
and his mercy en/dures for ever.
- 2 Let all those whom the LORD has re/deemed proclaim\*  
that he redeemed them from the / hand of the foe.
- 3 He gathered them out of the / lands;\*  
from the east and from the west, from the / north and from the south.
- 4 Some wandered in / desert wastes;\*  
they found no way to a ci/ty where they might dwell.
- 5 They were hungry and / thirsty;\*  
their spirits lan/guished within them.
- 6 Then they cried to the LORD in their / trouble,\*  
and he delivered / them from their distress.
- 7 He put their feet on a / straight path\*  
to go to a ci/ty where they might dwell.
- 8 Let them give thanks to the LORD for his / mercy\*  
and the wonders he does / for his children.
- 9 For he satisfies the / thirsty\*  
and fills the hun/gry with good things.
- 43 Whoever is wise will ponder / these things,\*  
and consider well the / mercies of the LORD.

Pentecost 11 Proper 13 – RCL Year “C”

Psalm 49:1-11 or 107:1-9, 43

Tone VIII.1



- 1 Hear this, all you peoples; hearken, all you who dwell in the / world,\*  
you of high degree and low, rich and / poor together.
- 2 My mouth shall speak of / wisdom,\*  
and my heart shall meditate on / understanding.
- 3 I will incline my ear to a / proverb\*  
and set forth my rid/dle upon the harp.
- 4 Why should I be afraid in / evil days,\*  
when the wickedness of those at my / heels surrounds me,
- 5 The wickedness of those who put their trust in their / goods,\*  
and boast of / their great riches?
- 6 We can never ransom our/selves,\*  
or deliver to God the / price of our life;
- 7 For the ransom of our life is / so great,\*  
that we should never have e/nough to pay it,
- 8 In order to live for ever and / ever,\*  
and / never see the grave.
- 9 For we see that the wise die also; like the dull and stupid they / perish\*  
and leave their wealth to those / who come after them.
- 10 Their graves shall be their homes for ever,  
their dwelling places from generation to gene/ration,\*  
though they call the lands af/ter their own names.
- 11 Even though honored, they cannot live for / ever;\*  
they are like the / beasts that perish.

Pentecost 12 Proper 14 – RCL Year “C”

Psalm 50:1-8, 23-24 or 33:12-22

Tone VIII.1



- 1 The LORD, the God of gods, has / spoken;\*  
he has called the earth from the rising of the sun / to its setting.
- 2 Out of Zion, perfect in its / beauty,\*  
God reveals him/self in glory.
- 3 Our God will come and will not keep / silence;\*  
before him there is a consuming flame,  
and round about / him a raging storm.
- 4 He calls the heavens and the earth / from above\*  
to witness the judgment / of his people.
- 5 “Gather before me my loyal / followers,\*  
those who have made a covenant with me and sealed / it with sacrifice.”
- 6 Let the heavens declare the rightness of his / cause;\*  
for / God himself is judge.
- 7 Hear, O my people, and I will speak:  
“O Israel, I will bear witness a/gainst you;\*  
for / I am God, your God.
- 8 I do not accuse you because of your sacri/fices;\*  
your offerings are al/ways before me.
- 23 Consider this well, you who for/get God,\*  
lest I rend you and there be none / to deliver you.
- 24 Whoever offers me the sacrifice of thanksgiving / honors me;\*  
but to those who keep in my way will I show the sal/vation of God.”



Pentecost 13 Proper 15 – RCL Year “C”

Psalm 80:1-2, 8-18 or 82

Tone VIII.1

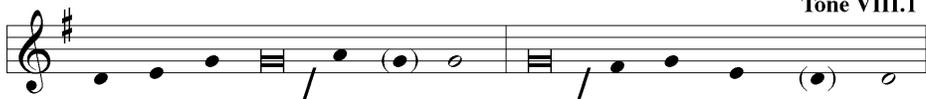


- 1 Hear, O Shepherd of Israel, leading Joseph / like a flock;\*  
Shine forth, you that are enthroned up/on the cherubim.
- 2 In the presence of Ephraim, Benjamin, and Ma/nasseh.\*  
stir up your strength and / come to help us.
- 8 You have brought a vine out of / Egypt;\*  
you cast out the na/tions and planted it.
- 9 You prepared the / ground for it;\*  
it took / root and filled the land.
- 10 The mountains were covered by its / shadow\*  
and the towering ce/dar trees by its boughs.
- 11 You stretched out its tendrils to the / Sea\*  
and its branches / to the River.
- 12 Why have you broken / down its wall,\*  
so that all who pass / by pluck off its grapes?
- 13 The wild boar of the forest has / ravaged it,\*  
and the beasts of the field have / grazed upon it.
- 14 Turn now, O God of hosts, look down from heaven;  
behold and / tend this vine;\*  
preserve what your right / hand has planted.
- 15 They burn it with fire like / rubbish;\*  
at the rebuke of your countenance / let them perish.
- 16 Let your hand be upon the man of your / right hand,\*  
the son of man you have made / so strong for yourself.
- 17 And so will we never turn a/way from you;\*  
give us life, that we may / call upon your Name.
- 18 Restore us, O LORD / God of hosts;\*  
show the light of your countenance, / and we shall be saved.

Pentecost 13 Proper 15 – RCL Year “C”

Psalm 82 or 80:1-2, 8-18

Tone VIII.1



- 1 God takes his stand in the council of / heaven;\*  
he gives judgment in the / midst of the gods:
- 2 “How long will you judge un/justly,\*  
and show favor / to the wicked?

- 3 Save the weak and the / orphan,\*  
defend the hum/ble and needy;
- 4 Rescue the weak and the / poor,\*  
deliver them from the power / of the wicked.
- 5 They do not know, neither do they understand; they go about in / darkness,\*  
all the foundations of the / earth are shaken.
- 6 Now I say to you, / ‘You are gods,\*  
and all of you children / of the Most High;
- 7 Nevertheless, you shall die like / mortals,\*  
and / fall like any prince.’”
- 8 Arise, O God, and / rule the earth,\*  
for you shall take all / nations for your own.

Pentecost 14 Proper 16 – RCL Year “C”

Psalm 71:1-6 or 103:1-8

Tone VIII.1



- 1 In you, O LORD, have I taken / refuge;\*  
let me / never be ashamed.
- 2 In your righteousness, deliver me and / set me free;\*  
incline your ear to / me and save me.
- 3 Be my strong rock, a castle to / keep me safe;\*  
you are my crag / and my stronghold.
- 4 Deliver me, my God, from the hand of the / wicked,\*  
from the clutches of the evildoer and / the oppressor.
- 5 For you are my hope, O / LORD GOD,\*  
my confi/dence since I was young.
- 6 I have been sustained by you ever since I was born;  
from my mother’s womb you have / been my strength;\*  
my praise shall be / always of you.

Pentecost 14 Proper 16 – RCL Year “C”

Psalm 103:1-8 or 71:1-6

Tone VIII.1



- 1 Bless the LORD, / O my soul,\*  
and all that is within me, / bless his holy Name.
- 2 Bless the LORD, / O my soul,\*  
and forget not / all his benefits.
- 3 He forgives / all your sins\*  
and heals all / your infirmities;
- 4 He redeems your life from the / grave\*  
and crowns you with mercy and / loving-kindness;
- 5 He satisfies you with / good things,\*  
and your youth is renewed / like an eagle's.
- 6 The LORD executes / righteousness\*  
and judgment for / all who are oppressed.
- 7 He made his ways known to / Moses\*  
and his works to the child/ren of Israel.
- 8 The LORD is full of compassion and / mercy,\*  
slow to anger and / of great kindness.

Pentecost 15 Proper 17 – RCL Year “C”

Psalm 81:1, 10-16 or 112

Tone VIII.1

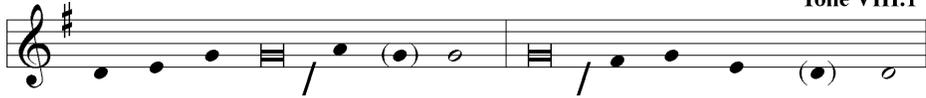


- 1 Sing with joy to / God our strength\*  
and raise a loud shout to the / God of Jacob.
- 10 I am the LORD your God,  
who brought you out of the land of Egypt and / said,\*  
“Open your mouth wide, and / I will fill it.”
- 11 And yet my people did not / hear my voice,\*  
and Israel would / not obey me.
- 12 So I gave them over to the stubbornness of their / hearts,\*  
to follow their / own devices.
- 13 Oh, that my people would listen to / me!\*  
that Israel would / walk in my ways!
- 14 I should soon subdue their / enemies\*  
and turn my / hand against their foes.
- 15 Those who hate the LORD would cringe be/fore him,\*  
and their punishment would / last for ever.
- 16 But Israel would I feed with the / finest wheat\*  
and satisfy him with / honey from the rock.

Pentecost 15 Proper 17 – RCL Year “C”

Psalm 112 or 81:1, 10-16

Tone VIII.1



- 1 Hallelujah! Happy are they who / fear the LORD\*  
and have great delight in / his commandments!
- 2 Their descendants will be mighty / in the land; \*  
the generation of the / upright will be blessed.
- 3 Wealth and riches will be / in their house, \*  
and their righteousness will / last for ever.
- 4 Light shines in the darkness for the / upright; \*  
the righteous are merciful and full / of compassion.
- 5 It is good for them to be generous in / lending\*  
and to manage their af/fairs with justice.
- 6 For they will never be / shaken; \*  
the righteous will be kept in everlast/ing remembrance.
- 7 They will not be afraid of any evil / rumors; \*  
their heart is right; they put their / trust in the Lord.
- 8 Their heart is established and / will not shrink, \*  
until they see their desire up/on their enemies.
- 9 They have given freely to the / poor, \*  
and their righteousness stands fast for ever;  
they will hold up their / head with honor.
- 10 The wicked will see it and be angry;  
they will gnash their teeth and / pine away; \*  
the desires of the wick/ed will perish.



bearing fruit in due season, with leaves that do not / wither,\*  
everything they / do shall prosper.

- 4 It is not so with the / wicked,\*  
they are like chaff which / the wind blows away.
- 5 Therefore the wicked shall not stand upright when / judgment comes,\*  
nor the sinner in the council / of the righteous.
- 6 For the LORD knows the way of the / righteous,\*  
but the way of the / wicked is doomed.



Pentecost 17 Proper 19 – RCL Year “C”

Psalm 51:1-11 or 14

Tone VIII.1



- 1 Have mercy on me, O God, according to your loving-/kindness;\*  
in your great compassion blot out / my offenses.
- 2 Wash me through and through from my / wickedness\*  
and / cleanse me from my sin.
- 3 For I know my trans/gressions, \*  
and my sin is ev/er before me.
- 4 Against you only have I / sinned, \*  
and done what is / evil in your sight.
- 5 And so you are justified when you / speak \*  
and upright / in your judgment.
- 6 Indeed, I have been wicked from my / birth, \*  
a sinner / from my mother's womb.
- 7 For behold, you look for truth deep with/in me, \*  
and will make me understand / wisdom secretly.
- 8 Purge me from my sin, and I shall be / pure; \*  
wash me, and I / shall be clean indeed.
- 9 Make me hear of joy and / gladness, \*  
that the body you have / broken may rejoice.
- 10 Hide your face from my / sins \*  
and blot out all / my iniquities.
- 11 Create in me a clean / heart, O God, \*  
and renew a right spi/rit within me.

Pentecost 18 Proper 20 – RCL Year “C”

Psalm 79:1-9 or 113

Tone VIII.1



- 1 O God, the heathen have come into your inheritance;  
they have profaned your holy / temple;\*  
they have made Jerusalem a / heap of rubble.
- 2 They have given the bodies of your servants  
as food for the birds of the / air,\*  
and the flesh of your faithful ones to the / beasts of the field.
- 3 They have shed their blood like water on every side of Je/rusalem,\*  
and there was no / one to bury them.
- 4 We have become a reproach to our / neighbors,\*  
an object of scorn and derision to / those around us.
- 5 How long will you be angry, O / LORD?\*will your fury blaze like / fire for ever?
- 6 Pour out your wrath upon the heathen who have not / known you\*  
and upon the kingdoms that have not / called upon your Name.
- 7 For they have devoured / Jacob\*  
and made his dwel/ling a ruin.
- 8 Remember not our past sins; let your compassion be swift to / meet us;\*  
for we have / been brought very low.
- 9 Help us, O God our Savior, for the glory / of your Name;\*  
deliver us and forgive us our sins, / for your Name’s sake.

Pentecost 18 Proper 20 – RCL Year “C”

Psalm 113 or 79:1-9

Tone VIII.1



- 1 Hallelujah! Give praise, you servants / of the LORD;\*  
praise the / Name of the LORD.
- 2 Let the Name of the / LORD be blessed,\*  
from this time / forth for evermore.
- 3 From the rising of the sun to its / going down\*  
let the Name / of the LORD be praised.
- 4 The LORD is high above all / nations,\*  
and his glory a/bove the heavens.
- 5 Who is like the LORD our God, who sits en/throned on high,\*  
but stoops to behold the / heavens and the earth?
- 6 He takes up the weak out of the / dust\*  
and lifts up the poor / from the ashes.
- 7 He sets them with the / princes,\*  
with the princes / of his people.
- 8 He makes the woman of a childless / house\*  
to be a joyful mo/ther of children.

Pentecost 19 Proper 21 – RCL Year “C”

Psalm 91:1-6, 14-16 or 146

Tone VIII.1

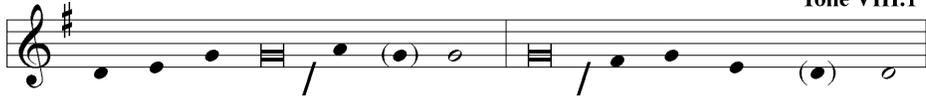


- 1 He who dwells in the shelter of the / Most High,\*  
abides under the shadow of / the Almighty.
- 2 He shall say to the LORD, “You are my refuge and my / stronghold,\*  
my God in / whom I put my trust.”
- 3 He shall deliver you from the snare of the / hunter\*  
and from the / deadly pestilence.
- 4 He shall cover you with his pinions,  
and you shall find refuge under his / wings;\*  
his faithfulness shall be a / shield and buckler.
- 5 You shall not be afraid of any terror / by night,\*  
nor of the ar/row that flies by day;
- 6 Of the plague that stalks in the / darkness,\*  
nor of the sickness that lays / waste at mid-day.
- 14 Because he is bound to me in love, therefore will I de/liver him;\*  
I will protect him, be/cause he knows my Name.
- 15 He shall call upon me, and I will / answer him;\*  
I am with him in trouble; I will rescue him and bring / him to honor.
- 16 With long life will I satis/fy him,\*  
and show him / my salvation.

Pentecost 19 Proper 21 – RCL Year “C”

Psalm 146 or 91:1-6, 14-16

Tone VIII.1



- 1 Hallelujah! Praise the LORD, / O my soul!\*  
I will praise the LORD as long as I live;  
I will sing praises to my God while I / have my being.
- 2 Put not your trust in rulers, nor in any / child of earth,\*  
for there / is no help in them.
- 3 When they breathe their last, they re/turn to earth,\*  
and in that day / their thoughts perish.
- 4 Happy are they who have the God of Jacob / for their help!\*  
whose hope is / in the LORD their God;
- 5 Who made heaven and earth, the seas, and all that is / in them;\*  
who keeps his pro/mise for ever;
- 6 Who gives justice to those who / are oppressed,\*  
and food to / those who hunger.
- 7 The LORD sets the prisoners free; the LORD opens the eyes of the / blind;\*  
the LORD lifts up those / who are bowed down;
- 8 The LORD loves the righteous; the LORD cares for the / stranger;\*  
he sustains the orphan and widow, but frustrates the way / of the wicked.
- 9 The LORD shall reign for / ever,\*  
your God, O Zion, throughout all generations. / Hallelujah!



Pentecost 20 Proper 22 – RCL Year “C”

Psalm 37:1-10 or 137

Tone VIII.1



- 1 Do not fret yourself because of evil/does;\*  
do not be jealous of / those who do wrong.
- 2 For they shall soon wither / like the grass,\*  
and like the / green grass fade away.
- 3 Put your trust in the LORD and / do good;\*  
dwell in the land and feed / on its riches.
- 4 Take delight in the / LORD,\*  
and he shall give / you your heart's desire.
- 5 Commit your way to the LORD and put your / trust in him,\*  
and he will / bring it to pass.
- 6 He will make you righteousness as clear as the / light\*  
and your just dealing / as the noonday.
- 7 Be still be/fore the LORD\*  
and wait pa/tiently for him.
- 8 Do not fret yourself over the one who / prospers,\*  
the one who suc/ceeds in evil schemes.
- 9 Refrain from anger, leave / rage alone;\*  
do not fret yourself; it leads on/ly to evil.
- 10 For evildoers shall be / cut off,\*  
but those who wait upon the LORD / shall possess the land.

Pentecost 21 Proper 23 – RCL Year “C”

Psalm 66:1-11 or 111

Tone VIII.1



- 1 Be joyful in God, / all you lands;\*  
sing the glory of his Name; sing the / glory of his praise.
- 2 Say to God, “How awesome / are your deeds!\*  
because of your great strength your enemies / cringe before you.
- 3 All the earth bows down be/fore you,\*  
sings to you, / sings out your Name.”
- 4 Come now and see the / works of God,\*  
how wonderful he is in his doing to/ward all people.
- 5 He turned the sea into dry land,  
so that they went through the water on / foot,\*  
and there / we rejoiced in him.
- 6 In his might he rules for ever; his eyes keep watch over the / nations;\*  
let no rebel rise / up against him.
- 7 Bless our God, you / peoples;\*  
make the voice of his / praise to be heard;
- 8 Who holds our / souls in life,\*  
and will not al/low our feet to slip.
- 9 For you, O God, have / proved us;\*  
you have tried us just as / silver is tried.
- 10 You brought us into the / snare;\*  
you laid heavy burdens / upon our backs.
- 11 You let enemies ride over our heads; we went through fire and / water;\*  
but you brought us out into a place / of refreshment.

Pentecost 21 Proper 23 – RCL Year “C”

Psalm 111 or 66:1-11

Tone VIII.1



- 1 Hallelujah! I will give thanks to the LORD with my / whole heart\*  
in the assembly of the upright, in the / congregation.
- 2 Great are the deeds of the / LORD!\*  
they are studied by all / who delight in them.
- 3 His work is full of majesty and / splendor,\*  
and his righteousness en/dures for ever.
- 4 He makes his marvelous works to be re/membered;\*  
the LORD is gracious and full / of compassion.
- 5 He gives food to those who / fear him;\*  
he is ever mindful / of his covenant.
- 6 He has shown his people the power of / his works\*  
in giving them the lands / of the nations.
- 7 The works of his hands are faithfulness and / justice;\*  
all his com/mandments are sure.
- 8 They stand fast for ever and / ever,\*  
because they are done in / truth and equity.
- 9 He sent redemption to his people; he commanded his covenant for / ever;\*  
holy and / awesome is his Name.
- 10 The fear of the LORD is the beginning of / wisdom;\*  
those who act accordingly have a good understanding;  
his praise en/dures for ever.

Pentecost 22 Proper 24 – RCL Year “C”

Psalm 119:97-104 or 121

Tone VIII.1



- 97 Oh, how I / love your law!\*  
all the day long it / is in my mind.
- 98 Your commandment has made me wiser than my / enemies,\*  
and it is / always with me.
- 99 I have more understanding than all my / teachers,\*  
for your decrees / are my study.
- 100 I am wiser than the / elders, \*  
because I observe / your commandments.
- 101 I restrain my feet from every / evil way,\*  
that / I may keep your word.
- 102 I do not shrink from your / judgments,\*  
because you your/self have taught me.
- 103 How sweet are your words to / my taste!\*  
they are sweeter than ho/ney to my mouth.
- 104 Through your commandments I gain under/standing;\*  
therefore I hate / every lying way.



Pentecost 23 Proper 25 – RCL Year “C”

Psalm 65 or 84:1-6

Tone VIII.1



- 1 You are to be praised, O God, in / Zion;\*  
to you shall vows be performed / in Jerusalem.
- 2 To you that hear prayer shall all / flesh come,\*  
because of / their transgressions.
- 3 Our sins are stronger than / we are,\*  
but / you will blot them out.
- 4 Happy are they whom you choose and draw to your courts to / dwell there!\*  
they will be satisfied by the beauty of your house, by the holiness / of your temple.
- 5 Awesome things will you show us in your righteousness, O God of our sal/vation,\*  
O Hope of all the ends of the earth and of the seas / that are far away.
- 6 You make fast the mountains by your / power;\*  
they are gird/ed about with might.
- 7 You still the roaring / of the seas,\*  
the roaring of their waves, and the clamor / of the peoples.
- 8 Those who dwell at the ends of the earth will tremble at your marvelous / signs;\*  
you make the dawn and the / dusk to sing for joy.
- 9 You visit the earth and water it abundantly; you make it very / plenteous,\*  
the river of God is / full of water.
- 10 You pre/pare the grain;\*  
for so you pro/vide for the earth.
- 11 You drench the furrows and smooth out the / ridges;\*  
with heavy rain you soften the ground and / bless its increase.
- 12 You crown the year with your / goodness,\*  
and your paths over/flow with plenty.
- 13 May the fields of the wilderness be rich for / grazing,\*  
and the / hills be clothed with joy.
- 14 May the meadows cover themselves with flocks,  
and the valleys cloak them/selves with grain;\*  
let them / shout for joy and sing.

Pentecost 23 Proper 25 – RCL Year “C”

Psalm 84:1-6 or 65

Tone VIII.1



- 1 How dear to me is your dwelling, O / LORD of hosts!\*  
My soul has a desire and longing for the courts of the LORD;  
my heart and my flesh rejoice / in the living God.
- 2 The sparrow has found her a house  
and the swallow a nest where she may / lay her young;\*  
by the side of your altars, O LORD of hosts, my / King and my God.
- 3 Happy are they who dwell in your / house!\*  
they will al/ways be praising you.
- 4 Happy are the people whose strength is / in you!\*  
whose hearts are set / on the pilgrims' way.
- 5 Those who go through the desolate valley will find it a / place of springs,\*  
for the early rains have covered it with / pools of water.
- 6 They will climb from / height to height,\*  
and the God of gods will reveal him/self in Zion.

Pentecost 24 Proper 26 – RCL Year “C”

Psalm 119:137-144 or 32:1-7

Tone VIII.1



- 137 You are righteous, O / LORD,\*  
and upright / are your judgments.
- 138 You have issued / your decrees\*  
with justice and in / perfect faithfulness.
- 139 My indignation has con/sumed me,\*  
because my ene/mies forget your words.
- 140 Your word has been tested to the / uttermost,\*  
and your / servant holds it dear.
- 141 I am small and of little ac/count,\*  
yet I do not forget / your commandments.
- 142 Your justice is an everlasting /justice\*  
and your / law is the truth.
- 143 Trouble and distress have come up/on me,\*  
yet your command/ments are my delight.
- 144 The righteousness of your decrees is ever/lasting;\*  
grant me understand/ing, that I may live.









Pentecost 26 Proper 28 – RCL Year “C”

**Canticle 9** *Ecce, Deus* (The First Song of Isaiah) or Psalm 98

Canticle 9 Hymnal S-213 thru S-216

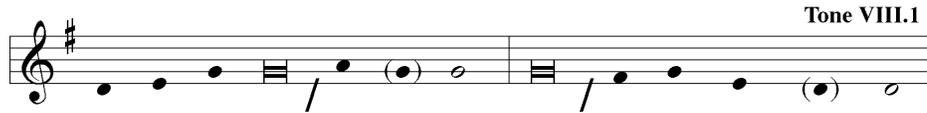
**Psalm 98** as above (Pentecost 25 Proper 27 – RCL Year “C”)

Last Sunday of Pentecost Proper 29 – RCL Year “C”

Canticle 4 or 16 *Benedictus Dominus Deus* (The Song of Zechariah) or **Psalm 46**

Canticle 4 Hymnal S-190 thru S-195

Canticle 16 Hymnal S-248 thru S-252



Tone VIII.1

- 1 God is our refuge and / strength,\*  
a very present / help in trouble.
- 2 Therefore we will not fear, though the / earth be moved,\*  
and though the mountains be toppled into the / depths of the sea;
- 3 Though its waters / rage and foam,\*  
and though the mountains tremble / at its tumult.
- 4 The LORD of hosts is / with us; \*  
the God of Jacob / is our stronghold.
- 5 There is a river whose streams make glad the city of / God,\*  
the holy habitation / of the Most High.
- 6 God is in the midst of her; she shall not be / overthrown; \*  
God shall help her / at the break of day.
- 7 The nations make much ado, and the kingdoms are / shaken; \*  
God has spoken, and the / earth shall melt away.
- 8 The LORD of hosts is / with us; \*  
the God of Jacob / is our stronghold.
- 9 Come now and look upon the works of the / LORD,\*  
what awesome things / he has done on earth.
- 10 It is he who makes war to cease in / all the world; \*  
he breaks the bow, and shatters the spear, and / burns the shields with fire.
- 11 “Be still, then, and know that / I am God; \*  
I will be exalted among the nations; I will be ex/alted in the earth.”
- 12 The LORD of hosts is / with us; \*  
the God of Jacob / is our stronghold.