

First Sunday of Advent – RCL Year “B”

Psalm 80:1-7, 16-18

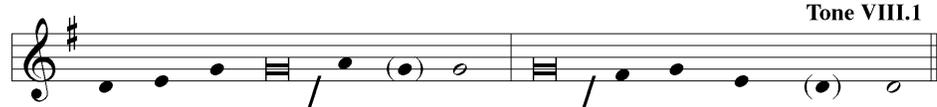
Tone VIII.1



- 1 Hear, O Shepherd of Israel, leading Joseph / like a flock;*
Shine forth, you that are enthroned up/on the cherubim.
- 2 In the presence of Ephraim, Benjamin, and Ma/nasseh.*
stir up your strength and / come to help us.
- 3 Restore us, O / God of hosts;*
show the light of your countenance, / and we shall be saved.
- 4 O LORD / God of hosts,*
how long will you be angered
despite the prayers / of your people?
- 5 You have fed them with the / bread of tears;*
you have given them / bowls of tears to drink.
- 6 You have made us the derision of our / neighbors,*
and our ene/mies laugh us to scorn.
- 7 Restore us, O / God of hosts;*
show the light of your countenance, / and we shall be saved.
- 16 Let your hand be upon the man of your / right hand,*
the son of man you have made / so strong for yourself.
- 17 And so will we never turn a/way from you;*
give us life, that we may call / upon your Name.
- 18 Restore us, O LORD / God of hosts;*
show the light of your countenance, / and we shall be saved.

Second Sunday of Advent - RCL Year "B"

Psalm 85:1-2, 8-13



Tone VIII.1

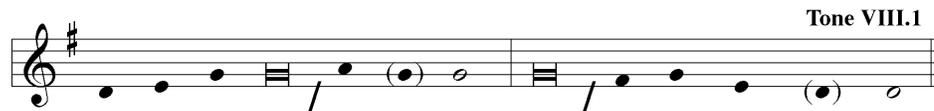
- 1 You have been gracious to your / land, O LORD,*
you have restored the good for/tune of Jacob.
- 2 You have forgiven the iniquity of your / people*
and blotted / out all their sins.
- 8 I will listen to what the LORD God is / saying,*
for he is speaking peace to his faithful people
and to those who / turn their hearts to him.
- 9 Truly, his salvation is very near to those who / fear him,*
that his glory may / dwell in our land.
- 10 Mercy and truth have met to/gether;*
righteousness and peace have / kissed each other.
- 11 Truth shall spring up from the / earth,*
and righteousness shall look / down from heaven.
- 12 The LORD will indeed grant pros/perity,*
and our land will / yield its increase.
- 13 Righteousness shall go be/fore him,*
and peace shall be a / pathway for his feet.

Third Sunday of Advent – RCL Year “B”

Psalm 126 or Cantic 3 or 15 *Magnificat* (The Song of Mary)

Cantic 3 Hymnal S-185 thru S-189

Cantic 15 Hymnal S-242 thru S-247



Tone VIII.1

- 1 When the LORD restored the fortunes of / Zion,*
then were / we like those who dream.
- 2 Then was our mouth filled with / laughter,*
and our / tongue with shouts of joy.
- 3 Then they said among the / nations,*
“The LORD has / done great things for them.”
- 4 The LORD has done great / things for us,*
and / we are glad indeed.
- 5 Restore our fortunes, O / LORD,*
like the watercourses / of the Negev.
- 6 Those who / sowed with tears*
will / reap with songs of joy.
- 7 Those who go out weeping, carrying the / seed,*
will come again with joy, / shouldering their sheaves.

Christmas Eve and Day – RCL Years “A, B, and C”

Proper I – Psalm 96

Tone V.1



- 1 Sing to the LORD a / new song;*
Sing to the LORD, / all the / whole earth.
- 2 Sing to the LORD and / bless his Name;*’
proclaim the good news of his sal/vation from / day to day.
- 3 Declare his glory among the / nations*
and his wonders a/mong all / peoples.
- 4 For great is the LORD and greatly to be / praised.
he is more to be / feared than / all gods.
- 5 As for all the gods of the nations, they are but / idols;*
but it is the LORD who / made the / heavens.
- 6 Oh, the majesty and magnificence of his / presence!*
Oh, the power and the splendor of his / sanctu/ary!
- 7 Ascribe to the LORD, you families of the / peoples;*
ascribe to the LORD / honor and / power.
- 8 Ascribe to the LORD the honor due his / Name;*
bring offerings and / come in/to his courts.
- 9 Worship the LORD in the beauty of / holiness;*
let the whole earth / tremble be/fore him.
- 10 Tell it among the nations: “The / LORD is King!”*
he has made the world so firm that it cannot be moved;
he will judge the / peoples with / equity.”
- 11 Let the heavens rejoice, and let the earth be glad;
let the sea thunder and all that is / in it;*
let the field be joyful and / all that / is therein.
- 12 Then shall all the trees of the wood shout for joy
before the LORD / when he comes,*
when he / comes to / judge the earth.
- 13 He will judge the world with / righteousness*
and the / peoples / with his truth.

Christmas Eve and Day – RCL Years “A, B, and C”

Proper II – Psalm 97

Tone V.1



Christmas Eve and Day – RCL Years “A, B, and C”

Proper III – Psalm 98

Tone V.1



- 1 Sing to the LORD a / new song,*
for he has done / marve/lous things.
- 2 With his right hand and his / holy arm*
has he won for him/self the / victory.
- 3 The LORD has made known his / victory;*
his righteousness has he openly shown in the / sight of the / nations.
- 4 He remembers his mercy and faithfulness to the house of / Israel,*
and all the ends of the earth have seen the / victory / of our God.
- 5 Shout with joy to the LORD, / all you lands;*
lift up your / voice, re/joyce, and sing.
- 6 Sing to the LORD with the / harp,*
with the / harp and the / voice of song.
- 7 With trumpets and the sound of the / horn*
shout with joy be/fore the / King, the LORD.
- 8 Let the sea make a noise and all that is / in it,*
the lands and / those who / dwell therein.
- 9 Let the rivers / clap their hands,*
and let the hills ring out with joy before the LORD,
when he / comes to / judge the earth.
- 10 In righteousness shall he / judge the world*
and the / peoples with / equity.

- 20 He declares his word to / Jacob,*
his statutes and his / judgments to / Israel.
- 21 He has not done so to any other / nation;*
to them he has not revealed his judgments. / Halle/lujah.

The Holy Name – RCL Years “A, B, and C”

Psalm 8

Tone V.1



- 1 O LORD our / Governor,*
how exalted is your / Name in / all the world!
- 2 Out of the mouths of infants and / children*
your majesty is praised a/bove the / heavens.
- 3 You have set up a stronghold against your adver/saries,*
to quell the enemy / and the a/venger.
- 4 When I consider your heavens, the work of your / fingers,*
the moon and the stars you have / set in their / courses,
- 5 What is man that you should be mindful of / him?*
- the son of man that / you should / seek him out?
- 6 You have made him but little lower than the / angels;*
- you adorn him with / glory and / honor;
- 7 You give him mastery over the works of / your hands;*
- you put all things / under / his feet:
- 8 All sheep and / oxen,*
even the / wild beasts / of the field,
- 9 The birds of the air, the fish of the / sea,*
and whatsoever walks in the / paths of / the sea.
- 10 O LORD our / Governor,*
how exalted is your / Name in / all the world!

The Second Sunday after Christmas – RCL Years “A, B, and C”

Psalm 84 or 84:1-8

Tone V.1



- 1 How dear to me is your dwelling, O / LORD of hosts!*
My soul has a desire and longing for the courts of the LORD;
my heart and my flesh re/joyce in the / living God.
- 2 The sparrow has found her a house
and the swallow a nest where she may / lay her young;*
by the side of your altars, O LORD of hosts, my / King and / my God.
- 3 Happy are they who dwell in / your house!*
they will / always be / praising you.
- 4 Happy are the people whose strength is / in you!*
whose hearts are / set on the / pilgrims' way.
- 5 Those who go through the desolate valley will find it a / place of springs,*
for the early rains have covered it with / pools of / water.
- 6 They will climb from / height to height,*
and the God of gods will reveal him/self in / Zion.
- 7 LORD God of hosts, / hear my prayer;*
hearken, O / God of / Jacob.
- 8 Behold our defender, O / God;*
and look upon the face of / your A/nointed.
- 9 For one day in your courts is better than a thousand in / my own room,*
and to stand at the threshold of the house of my God
than to dwell in the / tents of the / wicked.
- 10 For the LORD God is both / sun and shield;*
he will give / grace and / glory.
- 11 No good thing will the / LORD withhold*
from those who / walk with in/tegrity.
- 12 O / LORD of hosts,*
happy are they who / put their / trust in you!

The Epiphany – RCL Years “A, B, and C”

Psalm 72:1-7, 10-14

Tone V.1



- 1 Give the King your justice, / O God,*
and your righteousness / to the / King’s Son;
- 2 That he may rule your people / righteously*
and the / poor with / justice.
- 3 That the mountains may bring prosperity to the / people,*
and the little / hills bring / righteousness.
- 4 He shall defend the needy among the / people;*
he shall rescue the poor and crush / the op/pressor.
- 5 He shall live as long as the sun and / moon endure,*
from one generation / to an/other.
- 6 He shall come down like rain upon the / mown field,*
like showers that / water / the earth.
- 7 In his time shall the righteous / flourish;*
there shall be abundance of peace
till the / moon shall / be no more.
- 10 The kings of Tarshish and of the isles shall pay / tribute,*
and the kings of Arabia and / Saba / offer gifts.
- 11 All kings shall bow down be/fore him,*
and all the nations / do him / service.
- 12 For he shall deliver the poor who cries out / in distress,*
and the oppressed who / has no / helper.
- 13 He shall have pity on the lowly and / poor;*
he shall preserve the lives / of the / needy.
- 14 He shall redeem their lives from oppression and / violence,*
and dear shall their / blood be / in his sight.

The First Sunday after the Epiphany– RCL Year “B”

Psalm 29 (This psalm is used for all three years.)

Tone V.1

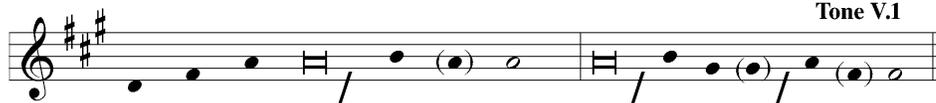


- 1 Ascribe to the / LORD, you gods,*
ascribe to the LORD / glory / and strength.
- 2 Ascribe to the LORD the glory / due his Name;*
worship the LORD in the / beauty of / holiness.
- 3 The voice of the LORD is upon the waters;
the God of glory / thunders;*
the LORD is upon the / mighty / waters.
- 4 The voice of the LORD is a powerful / voice;*
the voice of the LORD is a / voice of / splendor.
- 5 The voice of the LORD breaks the / cedar trees;*
the LORD breaks the / cedars of / Lebanon;
- 6 He makes Lebanon skip / like a calf,*
and Mount Hermon / like a / young wild ox.
- 7 The voice of the LORD splits the flames of fire;
the voice of the LORD shakes the / wilderness;*
the LORD shakes the wilder/ness of / Kadesh.
- 8 The voice of the LORD makes the / oak trees writhe*
and / strips the / forests bare.
- 9 And in the temple of the / LORD*
all are / crying, / “Glory!”
- 10 The LORD sits enthroned a/bove the flood;*
the LORD sits enthroned as / King for / evermore.
- 11 The LORD shall give strength to his / people;*
the LORD shall give his people the / blessing / of peace.

The Second Sunday after the Epiphany– RCL Year “B”

Psalm 139:1-5, 12-17

Tone V.1



- 1 Lord, you have searched me out and / known me;*
you know my sitting down and my rising up;
you discern my / thoughts from / afar.
- 2 You trace my journeys and my resting- / places*
and are ac/quainted with / all my ways.
- 3 Indeed, there is not a word on my / lips,*
but you, O Lord, know it / alto/gether.
- 4 You press upon me behind and be/fore*
and lay your / hand up/on me.
- 5 Such knowledge is too wonderful / for me;*
it is so high that I can/not at/tain to it.
- 12 For you yourself created my inmost / parts;*
you knit me together / in my / mother’s womb.
- 13 I will thank you because I am marvelously / made;*
your works are wonderful, / and I / know it well.
- 14 My body was not hidden / from you,*
while I was being made in secret and
woven in the / depths of / the earth.
- 15 Your eyes beheld my limbs, yet unfinished in the womb;
all of them were written in / your book;*
they were fashioned day by day,
when as yet / there was / none of them.
- 16 How deep I find your / thoughts, O God!*
how / great is the / sum of them!
- 17 If I were to count them,
they would be more in number than the / sand;*
to count them all, my life span would / need to / be like yours.

The Fourth Sunday after the Epiphany– RCL Year “B”

Psalm 111

Tone V.1



- 1 Hallelujah! I will give thanks to the LORD with my / whole heart*
in the assembly of the upright, in the / congre / gation.
- 2 Great are the deeds of the / LORD!*
they are studied by / all who de/light in them.
- 3 His work is full of majesty and / splendor,*
and his righteousness en/dures for / ever.
- 4 He makes his marvelous works to be re/membered;*
the LORD is gracious and / full of com/passion.
- 5 He gives food to those who /fear him;*
he is ever mindful / of his / covenant.
- 6 He has shown his people the power of / his works*
in giving them the / lands of the / nations.
- 7 The works of his hands are faithfulness and / justice;*
all his com/mandments / are sure.
- 8 They stand fast for ever and / ever,*
because they are done in / truth and / equity.
- 9 He sent redemption to his people;
he commanded his covenant for / ever;*
holy and / awesome / is his Name.
- 10 The fear of the LORD is the be ginning of / wisdom;*
those who act accordingly have a good understanding;
his praise en/dures for / ever.

The Fifth Sunday after the Epiphany– RCL Year “B”

Psalm 147:1-12, 21c

Tone V.1



- 1 Hallelujah! How good it is to sing praises to our / God!*
how pleasant it is to / honor / him with praise!
- 2 The LORD rebuilds Je/rusalem;*
he gathers the / exiles of / Israel.
- 3 He heals the broken / hearted*
and / binds up / their wounds.
- 4 He counts the number of the / stars*
and calls them / all by / their names.
- 5 Great is our LORD and mighty in / power;*
there is no limit / to his / wisdom.
- 6 The LORD lifts up the / lowly,*
but casts the / wicked / to the ground.
- 7 Sing to the LORD with / thanksgiving;*
make music to our / God up/on the harp.
- 8 He covers the heavens with / clouds*
and prepares / rain for / the earth;
- 9 He makes grass to grow upon the / mountains*
and green / plants to / serve mankind.
- 10 He provides food for / flocks and herds*
and for the young / ravens / when they cry.
- 11 He is not impressed by the might of a / horse;*
he has no pleasure in the / strength of / a man;
- 12 But the LORD has pleasure in those who / fear him,*
in those who await his / gracious / favor.
- 21 He has not done so to any other / nation,*
to them he has not revealed his judgments. / Halle/lujah.

The Eighth Sunday after the Epiphany– RCL Year “B”

Psalm 103:1-13, 22

Tone V.1



- 1 Bless the LORD, / O my soul,*
and all that is within me, / bless his / holy Name.
- 2 Bless the LORD, / O my soul,*
and forget not / all his / benefits.
- 3 He forgives / all your sins*
and heals all / your in/firmities;
- 4 He redeems your life from the / grave*
and crowns you with mercy and / loving-/kindness;
- 5 He satisfies you with / good things,*
and your youth is renewed / like an / eagle’s.
- 6 The LORD executes / righteousness*
and judgment for / all who / are oppressed.
- 7 He made his ways known to / Moses*
and his works to the chil/dren of / Israel.
- 8 The LORD is full of compassion and / mercy,*
slow to anger and / of great / kindness.
- 9 He will not always ac/cuse us,*
nor will he keep his an/ger for / ever.
- 10 He has not dealt with us according to our / sins,*
nor rewarded us according / to our / wickedness.
- 11 For as the heavens are high a/bove the earth,*
so is his mercy great upon / those who / fear him.
- 12 As far as the east is from the / west,*
so far has he re/moved our / sins from us.
- 13 As a father cares for his / children,*
so does the LORD care for / those who / fear him.
- 22 Bless the LORD, all you works of his, in all places of his do/minion;*
bless / the LORD, / O my soul.

The Last Sunday after the Epiphany– RCL Year “B”

Psalm 50:1-6

Tone V.1

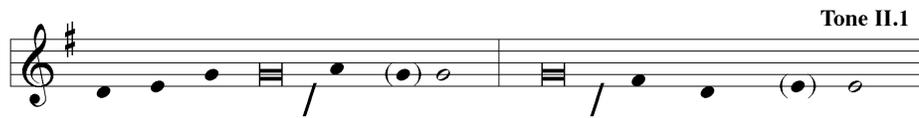


- 1 The LORD, the God of gods, has / spoken;*
he has called the earth from the rising of the sun / to its / setting.
- 2 Out of Zion, perfect in its / beauty,*
God reveals him/self in / glory.
- 3 Our God will come and will not keep / silence;*
before him there is a consuming flame,
and round about / him a / raging storm.
- 4 He calls the heavens and the earth / from above*
to witness the judgment / of his / people.
- 5 “Gather before me my loyal / followers,*
those who have made a covenant with me
and / sealed it with / sacrifice.”
- 6 Let the heavens declare the rightness / of his cause;*
for / God him/self is judge.

The First Day of Lent, or Ash Wednesday – RCL Years “A, B, and C”

Psalm 103 or 103:8-14

Imposition of Ashes – Psalm 51:1-18



Tone II.1

- [1 Bless the LORD, / O my soul,*
and all that is within me, bless / his holy Name.
- 2 Bless the LORD, / O my soul,*
and forget not all / his benefits.
- 3 He forgives / all your sins*
and heals all your / infirmities;
- 4 He redeems your life from the / grave*
and crowns you with mercy and lov/ing-kindness;
- 5 He satisfies you with / good things,*
and your youth is renewed like / an eagle's.
- 6 The LORD executes / righteousness*
and judgment for all / who are oppressed.
- 7 He made his ways known to / Moses*
and his works to the children / of Israel.]
- 8 The LORD is full of compassion and / mercy,*
slow to anger and of / great kindness.
- 9 He will not always ac/cuse us,*
nor will he keep his anger / for ever.
- 10 He has not dealt with us according to our / sins,*
nor rewarded us according to / our wickedness.
- 11 For as the heavens are high a/bove the earth,*
so is his mercy great upon those / who fear him.
- 12 As far as the east is from the / west,*
so far has he removed / our sins from us.
- 13 As a father cares for his / children,*
so does the LORD care for those / who fear him.
- 14 For he himself knows whereof / we are made;*
he remembers that / we are but dust.
- [15 Our days are like the / grass;*
we flourish like a flo/wer of the field;
- 16 When the wind goes over it, it is / gone,*
and its place shall know / it no more.
- 17 But the merciful goodness of the LORD endures
for ever on those who / fear him,*
and his righteousness on chil/dren's children;
- 18 On those who keep his / covenant*
and remember his commandments / and do them.

- 19 The LORD has set his throne in / heaven,*
and his kingship has domin/ion over all.
- 20 Bless the LORD, you angels of his, you mighty ones who do his / bidding,*
and hearken to the voice / of his word.
- 21 Bless the LORD, all / you his hosts,*
you ministers of his / who do his will.
- 22 Bless the LORD, all you works of his, in all places of his do/minion;*
bless the LORD, / O my soul.]

Psalm 51:1-18



- 1 Have mercy on me, O God, according to your loving-/kindness;*
in your great compassion blot out my / offenses.
- 2 Wash me through and through from my / wickedness*
and cleanse / me from my sin.
- 3 For I know my trans/gressions, *
and my sin is ever / before me.
- 4 Against you only have I / sinned, *
and done what is evil / in your sight.
- 5 And so you are justified when you / speak *
and upright in / your judgment.
- 6 Indeed, I have been wicked from my / birth, *
a sinner from / my mother's womb.
- 7 For behold, you look for truth deep with/in me, *
and will make me understand wis/dom secretly.
- 8 Purge me from my sin, and I shall be / pure; *
wash me, and I shall / be clean indeed.
- 9 Make me hear of joy and / gladness, *
that the body you have bro/ken may rejoice.
- 10 Hide your face from my / sins *
and blot out all my in/iquities.
- 11 Create in me a clean / heart, O God, *
and renew a right spirit / within me.
- 12 Cast me not away from your / presence *
and take not your holy Spi/rit from me.
- 13 Give me the joy of your saving / help again *
and sustain me with your bounti/ful Spirit.
- 14 I shall teach your ways to the / wicked, *
and sinners shall / return to you.

- 15 Deliver me from / death, O God, *
and my tongue shall sing of your righteousness,
O God of my / salvation.
- 16 Open my / lips, O Lord, *
and my mouth shall / proclaim your praise.
- 17 Had you desired it, I would have offered / sacrifice; *
but you take no delight in / burnt-offerings.
- 18 The sacrifice of God is a troubled / spirit; *
a broken and contrite heart, O God, you / will not despise.

First Sunday in Lent – RCL Year “B”

Psalm 25:1-9

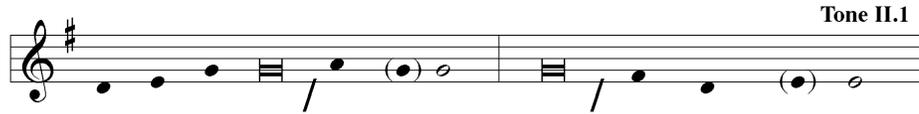
Tone II.1



- 1 To you, O LORD, I lift up my soul; my God, I put my / trust in you;*
let me not be humiliated, nor let my enemies tri/umph over me.
- 2 Let none who look to you be / put to shame;*
let the treacherous be disappoint/ed in their schemes.
- 3 Show me your / ways, O LORD,*
and teach / me your paths.
- 4 Lead me in your truth and / teach me,*
for you are the God of my salvation;
in you have I trusted all / the day long.
- 5 Remember, O LORD, your compassion and / love,*
for they are from ev/erlasting.
- 6 Remember not the sins of my youth and my trans/gressions;*
remember me according to your love
and for the sake of your good/ness, O LORD.
- 7 Gracious and upright is the / LORD;*
therefore he teaches sin/ners in his way.
- 8 He guides the humble in / doing right*
and teaches his way to / the lowly.
- 9 All the paths of the LORD are love and / faithfulness*
to those who keep his covenant and his tes/timonies.

Second Sunday in Lent – RCL Year “B”

Psalm 22:22-30



- 22 Praise the LORD, you that / fear him;*
stand in awe of him, O offspring of Israel;
all you of Jacob’s line, / give glory.
- 23 For he does not despise nor abhor the poor in their poverty;
neither does he hide his / face from them;*
but when they cry to him / he hears them.
- 24 My praise is of him in the great as/sembly;*
I will perform my vows
in the presence of those / who worship him.
- 25 The poor shall eat and be satisfied,
and those who seek the LORD shall / praise him:.*
“May your heart live / for ever!”
- 26 All the ends of the earth shall remember and turn to the / LORD;.*
and all the families of the nations shall bow / before him.
- 27 For kingship belongs to the / LORD;.*
he rules over / the nations.
- 28 To him alone all who sleep in the earth bow down in / worship;.*
all who go down to the dust fall / before him.
- 29 My soul shall live for him; my descendants shall / serve him;.*
they shall be known as the LORD’s / for ever.
- 30 They shall come and make known to a people / yet unborn*
the saving deeds / that he has done.

Third Sunday in Lent – RCL Year “B”

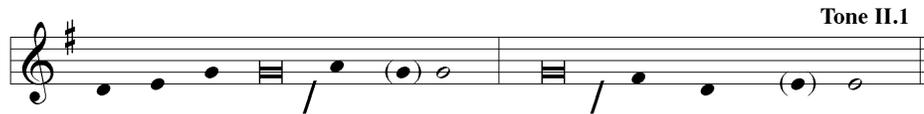
Psalm 19



- 1 The heavens declare the glory of / God,*
and the firmament shows / his handiwork.
- 2 One day tells its tale to an/other,*
and one night imparts knowledge to / another.
- 3 Although they have no words or / language,*
and their voi/ces are not heard,
- 4 Their sound has gone out into / all lands,*
and their message to the ends / of the world.
- 5 In the deep has he set a pavilion for the / sun;*
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion / to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of / it again;*
nothing is hidden from / its burning heat.
- 7 The law of the LORD is perfect and re/vives the soul;*
the testimony of the LORD is sure and gives wisdom to / the innocent.
- 8 The statutes of the LORD are just and re/joyce the heart;*
the commandment of the LORD is clear and gives light / to the eyes.
- 9 The fear of the LORD is clean and endures for / ever;*
the judgments of the LORD are true and righteous al/together.
- 10 More to be desired are they than gold, more than / much fine gold,*
sweeter far than honey, than hon/ey in the comb.
- 11 By them also is your servant en/lightened,*
and in keeping them there / is great reward.
- 12 Who can tell how often / he offends?*cleanse me from / my secret faults.
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion / over me;*
then shall I be whole and sound, and innocent of / a great offense.
- 14 Let the words of my mouth and the meditation of my heart
be acceptable in your / sight,*
O LORD, my strength and my / redeemer.

Fourth Sunday in Lent – RCL Year “B”

Psalm 107:1-3, 17-22



- 1 Give thanks to the LORD, for / he is good,*
and his mercy endures / for ever.
- 2 Let all those whom the LORD has re/deemed proclaim*
that he redeemed them from the hand / of the foe.
- 3 He gathered them out of the / lands;*
from the east and from the west,
from the north / and from the south.
- 17 Some were fools and took to re/bellious ways;*
they were afflicted because / of their sins.
- 18 They abhorred all manner of / food*
and drew near / to death's door.
- 19 Then they cried to the LORD in their / trouble,*
and he delivered them / from their distress.
- 20 He sent forth his word and / healed them*
and saved / them from the grave.
- 21 Let them give thanks to the LORD for his / mercy*
and the wonders he does for / his children.
- 22 Let them offer a sacrifice of thanks/giving*
and tell of his acts / with shouts of joy.

Fifth Sunday in Lent – RCL Year “B”

Psalm **51:1-13** or Psalm 119:9-16

Tone II.1



- 1 Have mercy on me, O God, according to your loving-/kindness;*
in your great compassion blot out my / offenses.
- 2 Wash me through and through from my / wickedness*
and cleanse / me from my sin.
- 3 For I know my trans/gressions, *
and my sin is ever / before me.
- 4 Against you only have I / sinned, *
and done what is e/vil in your sight.
- 5 And so you are justified / when you speak *
and upright in / your judgment.
- 6 Indeed, I have been wicked from my / birth, *
a sinner from / my mother's womb.
- 7 For behold, you look for truth deep with/in me, *
and will make me understand wis/om secretly.
- 8 Purge me from my sin, and I / shall be pure; *
wash me, and I shall / be clean indeed.
- 9 Make me hear of joy and / gladness, *
that the body you have bro/ken may rejoice.
- 10 Hide your face from my / sins *
and blot out all my / iniquities.
- 11 Create in me a clean / heart, O God, *
and renew a right spirit / within me.
- 12 Cast me not away from your / presence *
and take not your holy Spi/rit from me.
- 13 Give me the joy of your saving / help again *
and sustain me with your bounti/ful Spirit.

Fifth Sunday in Lent – RCL Year “B”

Psalm 119:9-16

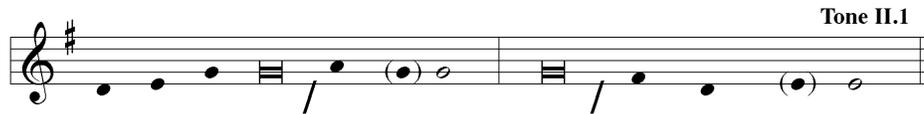
Tone II.1



- 9 How shall a young man / cleanse his way?*
- By keep/ing to your words.
- 10 With my whole heart I / seek you;*
- let me not stray from your / commandments.
- 11 I treasure your promise / in my heart,*
- that I may not sin / against you.
- 12 Blessed are / you O LORD;*
- instruct me in / your statutes.
- 13 With my lips will / I recite*
- all the judg/ments of your mouth.
- 14 I have taken greater delight in the way of / your decrees*
- than in all manner / of riches.
- 15 I will meditate on your com/mandments*
- and give atten/tion to your ways.
- 16 My delight is in your / statutes;*
- I will not / forget your word.

Good Friday – RCL Years “A, B, and C”

Psalm 22



- 1 My God, my God, why have you for/saken me?*
- and are so far from my cry and from the words / of my distress?
- 2 O my God, I cry in the daytime, but you do not / answer;*
- by night as well, but / I find no rest.
- 3 Yet you are the / Holy One,*
- enthroned upon the praises / of Israel.
- 4 Our forefathers put their / trust in you;*
- they trusted, and you / delivered them.
- 5 They cried out to you and were de/livered;*
- they trusted in you and were / not put to shame.
- 6 But as for me, I am a worm and no / man,*
- scorned by all and despised by / the people.
- 7 All who see me laugh me to / scorn;*
- they curl their lips and wag their / heads, saying,
- 8 “He trusted in the LORD; let him de/liver him;*
- let him rescue him, if he / delights in him.”
- 9 Yet you are he who took me out of the / womb,*
- and kept me safe upon / my mother’s breast.
- 10 I have been entrusted to you ever since / I was born;*
- you were my God when I was still in / my mother’s womb.
- 11 Be not far from me, for trouble is / near,*
- and there / is none to help.
- 12 Many young bulls en/circle me;*
- strong bulls of Bashan / surround me.
- 13 They open wide their / jaws at me,*
- like a ravening and a roar/ing lion.
- 14 I am poured out like water; all my bones are / out of joint;*
- my heart within my breast / is melting wax.
- 15 My mouth is dried out like a pot-sherd;
- my tongue sticks to the roof of my / mouth;*
- and you have laid me in the dust / of the grave.
- 16 Packs of dogs close me in, and gangs of evildoers circle a/round me;*
- they pierce my hands and my feet; I can count / all my bones.
- 17 They stare and gloat / over me;*
- they divide my garments among them; they cast lots for / my clothing.
- 18 Be not far away, O / LORD;*
- you are my strength; hasten / to help me.

- 19 Save me from the / sword,*
my life from the power / of the dog.
- 20 Save me from the / lion's mouth,*
my wretched body from the horns / of wild bulls.
- 21 I will declare your Name to my / brethren;*
in the midst of the congregation I / will praise you.
- 22 Praise the LORD, you that / fear him;*
stand in awe of him, O offspring of Israel;
all you of Jacob's line, / give glory.
- 23 For he does not despise nor abhor the poor in their poverty;
neither does he hide his / face from them;*
but when they cry to him / he hears them.
- 24 My praise is of him in the great as/sembly;*
I will perform my vows
in the presence of those / who worship him.
- 25 The poor shall eat and be satisfied,
and those who seek the LORD shall / praise him.*
"May your heart live / for ever!"
- 26 All the ends of the earth shall remember and turn to the / LORD;*
and all the families of the nations shall bow / before him.
- 27 For kingship belongs to the / LORD;*
he rules over / the nations.
- 28 To him alone all who sleep in the earth bow down in / worship;*
all who go down to the dust fall / before him.
- 29 My soul shall live for him; my descendants shall / serve him;*
they shall be known as the LORD's / for ever.
- 30 They shall come and make known to a people / yet unborn*
the saving deeds / that he has done.

Easter Vigil– RCL Years “A, B, and C”

At the Eucharist – Psalm 114

Tone V.3



- 1 Hallelujah! When Israel came out of / Egypt,*
the house of Jacob from a peo/ple of strange speech,
- 2 Judah became God’s sanctu/ary*
and Israel / his dominion.
- 3 The sea beheld it and / fled;*
Jordan / turned and went back.
- 4 The mountains / skipped like rams,*
and the little / hills like young sheep.
- 5 What ailed you, O sea, that you / fled?*
- O Jordan, / that you turned back?
- 6 You mountains, that you / skipped like rams?*
- you little / hills like young sheep?
- 7 Tremble, O earth, at the presence of the / Lord,*
at the presence of the / God of Jacob,
- 8 Who turned the hard rock into a pool of / water*
and flint-stone in/to a flowing spring.

Easter Day – RCL Year “C”

Psalm 118:1-2, 14-24 (This psalm is used for all three years.)

Tone V.3



- 1 Give thanks to the LORD, for / he is good,*
his mercy en/dures for ever.
- 2 Let Israel / now proclaim,*
“His mercy en/dures for ever.”
- 14 The LORD is my strength and / my song,*
and he has become / my salvation.
- 15 There is a sound of exultation and / victory*
in the tents / of the righteous:
- 16 “The right hand of the LORD has / triumphed!*
the right hand of the LORD is exalted!
the right hand of the / LORD has triumphed! ”
- 17 I shall not die, but / live,*
and declare the / works of the LORD.
- 18 The LORD has punished me / sorely;*
but he did not hand me / over to death.
- 19 Open for me the gates of / righteousness;*
I will enter them; I will offer / thanks to the LORD.
- 20 “This is the gate of the / LORD;*
he who is right/eous may enter”
- 21 I will give thanks to you, for you / answered me*
and have become / my salvation.
- 22 The same stone which the builders re/jected*
has become / the chief cornerstone.
- 23 This is the LORD’s / doing,*
and it is mar/velous in our eyes.
- 24 On this day the LORD has /acted;*
we will rejoice / and be glad in it.

Second Sunday of Easter – RCL Year “B”

Psalm 133

Tone V.3



- 1 Oh, how good and pleasant / it is,*
when brethren live toge/ther in unity!
- 2 It is like fine oil up/on the head*
that runs / down upon the beard,
- 3 Upon the beard of / Aaron,*
and runs down upon the col/lar of his robe.
- 4 It is like the dew of / Hermon*
that falls upon the / hills of Zion.
- 5 For there the LORD has ordained the / blessing:.*
___ / life for evermore.

Third Sunday of Easter – RCL Year “B”
Psalm 4

Tone V.3



- 1 Answer me when I call, O God, defender of my / cause; *
you set me free when I am hard-pressed;
have mercy on / me and hear my prayer.
- 2 “You mortals, how long will you dishonor my / glory; *
how long will you worship dumb idols and run / after false gods?”
- 3 Know that the LORD does wonders for the / faithful; *
when I call upon the LORD, / he will hear me.
- 4 Tremble, then, and / do not sin; *
speak to your heart in si/lence upon your bed.
- 5 Offer the appointed sacri/fices *
and put your / trust in the LORD.
- 6 Many are saying, “Oh, that we might see / better times!” *
Lift up the light of your countenance up/on us, O LORD.
- 7 You have put gladness in my / heart, *
more than when grain and / wine and oil increase.
- 8 I lie down in peace; at once I / fall asleep; *
for only you, LORD, make me / dwell in safety.

Fourth Sunday of Easter – RCL Year “B”

Psalm 23

Tone V.3



- 1 The Lord is my / shepherd;*
I / shall not be in want.
- 2 He makes me lie down in green / pastures*
and leads me be/side still waters.
- 3 He revives my / soul*
and guides me along right pathways / for his Name’s sake.
- 4 Though I walk through the valley of the shadow of death,
I shall fear no / evil;*
for you are with me; your rod and your / staff, they comfort me.
- 5 You spread a table before me in the presence of
those who / trouble me;*
you have anointed my head with oil, and my cup is / running over.
- 6 Surely your goodness and mercy shall follow me
all the days of my / life,*
and I will dwell in the house of the / LORD for ever.

Fifth Sunday of Easter – RCL Year “B”

Psalm 22:24-30

Tone V.3



- 24 My praise is of him in the great as/sembly;*
I will perform my vows
in the presence of / those who worship him.
- 25 The poor shall eat and be satisfied,
and those who seek the LORD shall / praise him.*
“May your heart / live for ever!”
- 26 All the ends of the earth shall remember and turn to the / LORD;*
and all the families of the nations shall / bow before him.
- 27 For kingship belongs to the / LORD;*
he rules o/ver the nations.
- 28 To him alone all who sleep in the earth bow down in / worship;*
all who go down to the dust / fall before him.
- 29 My soul shall live for him; my descendants shall / serve him;*
they shall be known as the / LORD’s for ever.
- 30 They shall come and make known to a people / yet unborn*
the saving / deeds that he has done.

Ascension Day – RCL Years “A, B, and C”

Psalm 47 or 93

Tone V.3



- 1 The LORD is King; he has put on splendid ap/parel;*
the LORD has put on his apparel
and gird/ed himself with strength.
- 2 He has made the whole world so / sure*
that it / cannot be moved;
- 3 Ever since the world began, your throne has been es/tablshed;*
you are from / everlasting.
- 4 The waters have lifted up, O LORD,
the waters have lifted / up their voice;*
the waters have lifted / up their pounding waves.
- 5 Mightier than the sound of many waters,
mightier than the breakers of the / sea,*
mightier is the / LORD who dwells on high.
- 6 Your testimonies are / very sure,*
and holiness adorns your house, O LORD,
for ever / and for evermore.

Seventh Sunday of Easter – RCL Year “B”

Psalm 1

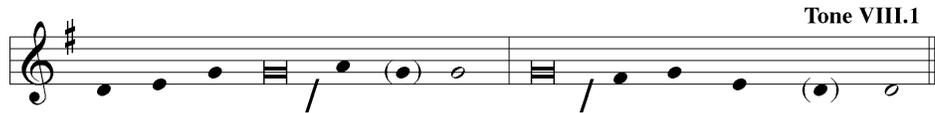
Tone V.3



- 1 Happy are they who have not walked in the counsel of the / wicked,*
nor lingered in the way of sinners,
nor sat in the seats / of the scornful!
- 2 Their delight is in the law of the / LORD,*
and they meditate on / his law day and night.
- 3 They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not / wither;*
everything they / do shall prosper.
- 4 It is not so with the / wicked;*
they are like chaff which / the wind blows away.
- 5 Therefore the wicked shall not stand upright when / judgment comes,*
nor the sinner in the council / of the righteous.
- 6 For the LORD knows the way of the / righteous,*
but the way of the / wicked is doomed.

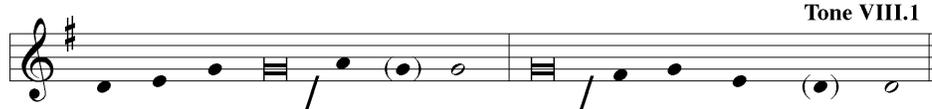
The Day of Pentecost - Whitsunday – RCL Year “B”

Psalm 104:25-35, 37b (This psalm is used for all three years.)



- 25 O LORD, how manifold are your / works!*
- in wisdom you have made them all; the earth is full / of your creatures.
- 26 Yonder is the great and wide sea with its living things too many to / number,*
- crea/tures both small and great.
- 27 There move the ships, and there is that Le/viathan,*
- which you have made / for the sport of it.
- 28 All of them / look to you*
- to give them their food / in due season.
- 29 You give it to them; they / gather it;*
- you open your hand, and they are / filled with good things.
- 30 You hide your face, and they are / terrified;*
- you take away their breath, and they die and re/turn to their dust.
- 31 You send forth your Spirit, and they are cre/ated;*
- and so you renew the / face of the earth.
- 32 May the glory of the LORD endure for / ever;*
- may the LORD re/joice in all his works.
- 33 He looks at the earth and it / trembles;*
- he touches the / mountains and they smoke.
- 34 I will sing to the LORD as long as / I live;*
- I will praise my God while I / have my being.
- 35 May these words of mine / please him;*
- I will rejoice in the LORD. / Hallelujah!

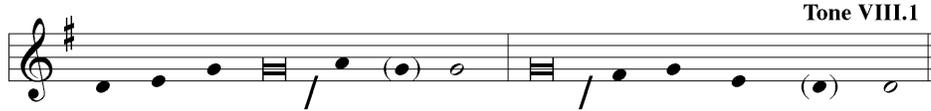
Pentecost 1 - Trinity Sunday – RCL Year “B”
Psalm 29 or Canticle 2 or 13 (*Benedictus es, Domine*)



Tone VIII.1

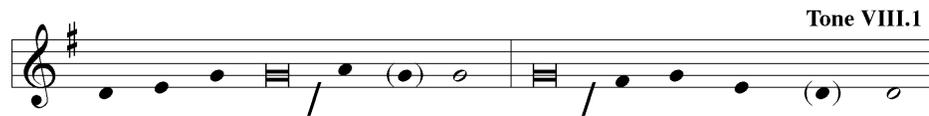
- 1 Ascribe to the / LORD, you gods,*
ascribe to the LORD / glory and strength.
- 2 Ascribe to the LORD the glory / due his Name;*
worship the LORD in the beau/ty of holiness.
- 3 The voice of the LORD is upon the waters;
the God of glory / thunders;*
the LORD is upon the / mighty waters.
- 4 The voice of the LORD is a powerful / voice;*
the voice of the LORD is a / voice of splendor.
- 5 The voice of the LORD breaks the / cedar trees;*
the LORD breaks the ce/dars of Lebanon;
- 6 He makes Lebanon skip like a / calf,*
and Mount Hermon / like a young wild ox.
- 7 The voice of the LORD splits the flames of fire;
the voice of the LORD shakes the / wilderness;*
the LORD shakes the wilder/ness of Kadesh.
- 8 The voice of the LORD makes the / oak trees writhe*
and / strips the forests bare.
- 9 And in the temple of the / LORD*
all are / crying, “Glory!”
- 10 The LORD sits enthroned a/bove the flood;*
the LORD sits enthroned as / King for evermore.
- 11 The LORD shall give strength to his / people;*
the LORD shall give his people the / blessing of peace.

Pentecost 2 – RCL Year “B” Proper 4
Psalm 139:1-5, 12-17 or 81:1-10



- 1 Lord, you have searched me out and / known me;*
you know my sitting down and my rising up;
you discern / my thoughts from afar.
- 2 You trace my journeys and my resting- / places*
and are acquaint/ed with all my ways.
- 3 Indeed, there is not a word on my / lips,*
but you, O Lord, know it / altogether.
- 4 You press upon me behind and be/fore*
and lay your / hand upon me.
- 5 Such knowledge is too wonderful / for me;*
it is so high that I can/not attain to it.
- 12 For you yourself created my / inmost parts;*
you knit me together / in my mother’s womb.
- 13 I will thank you because I am marvelously / made;*
your works are wonderful, / and I know it well.
- 14 My body was not hidden / from you,*
while I was being made in secret and
woven in the / depths of the earth.
- 15 Your eyes beheld my limbs, yet unfinished in the womb;
all of them were written in / your book;*
they were fashioned day by day,
when as yet / there was none of them.
- 16 How deep I find your / thoughts, O God!*
how great / is the sum of them!
- 17 If I were to count them,
they would be more in number / than the sand;*
to count them all, my life span would / need to be like yours.

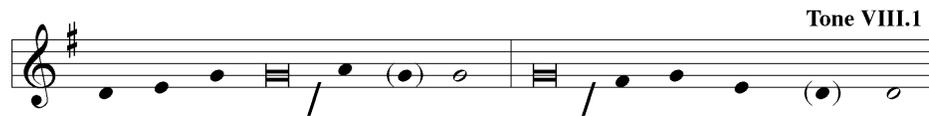
Pentecost 2 – RCL Year “B” Proper 4
Psalm 139:1-5, 12-17 or **81:1-10**



- 1 Sing with joy to / God our strength*
and raise a loud shout to the / God of Jacob.
- 2 Raise a song and sound the / timbrel,*
the mer/ry harp, and the lyre.
- 3 Blow the ram’s-horn at the / new moon,*
and at the full moon, the / day of our feast.
- 4 For this is a statute for / Israel,*
a law of the / God of Jacob.
- 5 He laid it as a solemn charge upon / Joseph,*
when he came out of the / land of Egypt.
- 6 I heard an unfamiliar voice / saying,*
“I eased his shoulder from the burden;
his hands were set free from / bearing the load.”
- 7 You called on me in trouble, and I / saved you;*
I answered you from the secret place of thunder
and tested you at the wa/ters of Meribah.
- 8 Hear, O my people, and I will ad/monish you:*
O Israel, if you would but / listen to me!
- 9 There shall be no strange god a/mong you;*
you shall not wor/ship a foreign god.
- 10 I am the LORD your God,
who brought you out of the land of Egypt and / said,*
“Open your mouth wide, and / I will fill it.”

Pentecost 2 – RCL Year “B” Proper 5

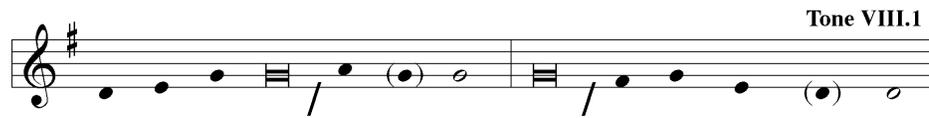
Psalm 138 or 130



Tone VIII.1

- 1 I will give thanks to you, O LORD, with my / whole heart;*
before the gods / I will sing your praise.
- 2 I will bow down toward your holy temple and / praise your Name,*
because of your / love and faithfulness;
- 3 For you have glorified your / Name*
and your / word above all things.
- 4 When I called, you / answered me;*
you increased my / strength within me.
- 5 All the kings of the earth will praise you, / O LORD,*
when they have heard the / words of your mouth.
- 6 They will sing of the ways of the / LORD,*
that great is the / glory of the LORD.
- 7 Though the LORD be high, he cares for the / lowly;*
he perceives the / haughty from afar.
- 8 Though I walk in the midst of trouble, you / keep me safe;*
you stretch forth your hand against the fury of my enemies;
your right / hand shall save me.
- 9 The LORD will make good his purpose for / me;*
O LORD, your love endures for ever;
do not abandon the / works of your hands

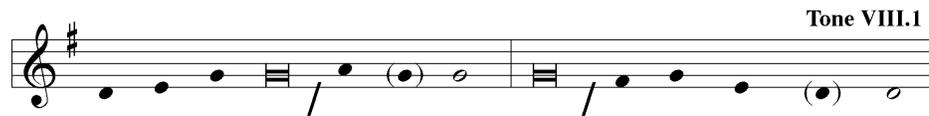
Pentecost 2 – RCL Year “B” Proper 5
Psalm 138 or 130



- 1 Out of the depths have I called to you, O LORD;
LORD, / hear my voice;*
Let your ears consider well the voice of my / supplication.
- 2 If you, LORD, were to note what is / done amiss,*
----- / O Lord, who could stand?
- 3 For there is forgiveness with / you;*
therefore / you shall be feared.
- 4 I wait for the LORD; my soul / waits for him;*
in his / word is my hope.
- 5 My soul waits for the LORD, more than watchmen for the / morning;*
more than watchmen / for the morning.
- 6 O Israel, wait for the / LORD,*
for with the LORD / there is mercy;
- 7 With him there is plenteous re/demption,*
and he shall redeem Isra/el from all their sins.

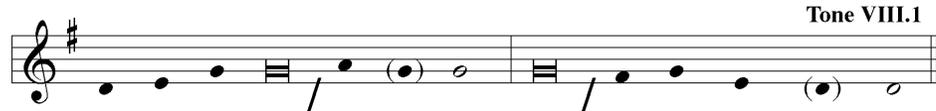
Pentecost 3 – RCL Year “B” Proper 6

Psalm 20 or 92:1-4, 11-14



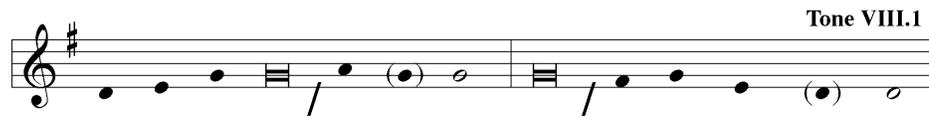
- 1 May the LORD answer you in the day of / trouble,*
the Name of the God of Ja/cob defend you;
- 2 Send you help from his / holy place*
and strengthen you / out of Zion;
- 3 Remember all your / offerings*
and accept / your burnt sacrifice;
- 4 Grant you your / heart's desire*
and / prosper all your plans.
- 5 We will shout for joy at your victory
and triumph in the Name of our / God;*
may the LORD / grant all your requests.
- 6 Now I know that the LORD gives victory to his a/nointed;*
he will answer him out of his holy heaven,
with the victorious strength / of his right hand.
- 7 Some put their trust in chariots and some in / horses,*
but we will call upon the Name / of the LORD our God.
- 8 They collapse and / fall down,*
but we will a/rise and stand upright.
- 9 O LORD, give victory to the / king*
and an/swer us when we call.

Pentecost 3 – RCL Year “B” Proper 6
Psalm 20 or **92:1-4, 11-14**



- 1 It is a good thing to give thanks to the / LORD,*
and to sing praises to your / Name, O Most High;
- 2 To tell of your loving-kindness early in the / morning*
and of your faithfulness in / the night season;
- 3 On the psaltery, and / on the lyre,*
and to the me/lody of the harp.
- 4 For you have made me glad by your / acts, O LORD;*
and I shout for joy because of the / works of your hands.
- 11 The righteous shall flourish like a / palm tree,*
and shall spread abroad like a ce/dar of Lebanon.
- 12 Those who are planted in the house of the / LORD*
shall flourish in the / courts of our God;
- 13 They shall still bear fruit in / old age;*
they shall be / green and succulent;
- 14 That they may show how upright the / LORD is,*
my Rock, in / whom there is no fault.

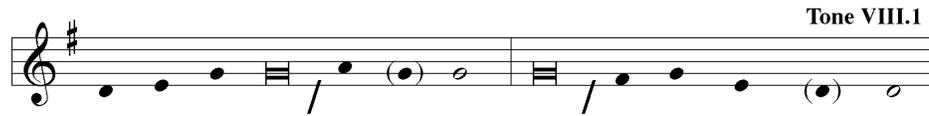
Pentecost 4 – RCL Year “B” Proper 7
Psalm 9:9-20 or 133 or 107:1-3, 23-32



Tone VIII.1

- 9 The LORD will be a refuge for / the oppressed,*
a refuge in / time of trouble.
- 10 Those who know your Name will put their / trust in you,*
for you never forsake those who / seek you, O LORD.
- 11 Sing praise to the LORD who dwells in / Zion,*
proclaim to the peoples / the things he has done.
- 12 The Avenger of blood will re/member them;*
he will not forget the cry of / the afflicted.
- 13 Have pity on / me, O LORD;*
see the misery I suffer from those who hate me,
O you who lift me up / from the gate of death;
- 14 So that I may tell of all your praises and rejoice in your sal/vation*
in the gates of the ci/ty of Zion.
- 15 The ungodly have fallen into the / pit they dug,*
and in the snare they set is / their own foot caught.
- 16 The LORD is known by his acts of / justice;*
the wicked are trapped in the works / of their own hands.
- 17 The wicked shall be given over to the / grave,*
and also all the peoples / that forget God.
- 18 For the needy shall not always be for/gotten,*
and the hope of the poor shall not per/ish for ever.
- 19 Rise up, O LORD, let not the ungodly have the / upper hand;*
let them be / judged before you.
- 20 Put fear upon them, / O LORD;*
let the ungodly know they / are but mortal.

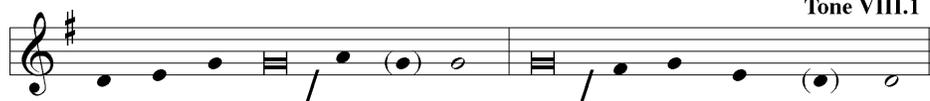
Pentecost 4 – RCL Year “B” Proper 7
Psalm 9:9-20 or 133 or 107:1-3, 23-32



- 1 Oh, how good and pleasant / it is,*
when brethren live toge/ther in unity!
- 2 It is like fine oil up/on the head*
that runs / down upon the beard,
- 3 Upon the beard of / Aaron,*
and runs down upon the col/lar of his robe.
- 4 It is like the dew of / Hermon*
that falls upon the / hills of Zion.
- 5 For there the LORD has ordained the / blessing:*
___ / life for evermore.

Pentecost 4 – RCL Year “B” Proper 7
Psalm 9:9-20 or 133 or **107:1-3, 23-32**

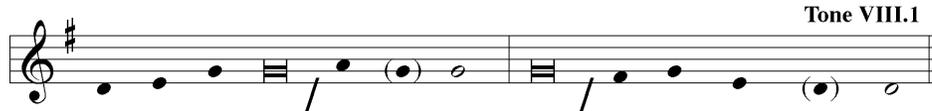
Tone VIII.1



- 1 Give thanks to the LORD, for / he is good,*
and his mercy en/dures for ever.
- 2 Let all those whom the LORD has re/deemed proclaim*
that he redeemed them from the / hand of the foe.
- 3 He gathered them out of the / lands;*
from the east and from the west,
from the / north and from the south.
- 23 Some went down to the sea in / ships*
and plied their trade / in deep waters;
- 24 They beheld the works of the / LORD*
and his / wonders in the deep.
- 25 Then he spoke, and a stormy / wind arose,*
which tossed high the / waves of the sea.
- 26 They mounted up to the heavens and fell back to the / depths;*
their hearts melted because / of their peril.
- 27 They reeled and staggered like / drunkards*
and were / at their wits' end.
- 28 Then they cried to the LORD in their / trouble,*
and he delivered / them from their distress.
- 29 He stilled the storm to a / whisper*
and quieted the / waves of the sea.
- 30 Then were they glad because of the / calm,*
and he brought them to the harbor / they were bound for.
- 31 Let them give thanks to the LORD for his / mercy*
and the wonders he does / for his children.
- 32 Let them exalt him in the congregation of the / people*
and praise him in the council / of the elders.

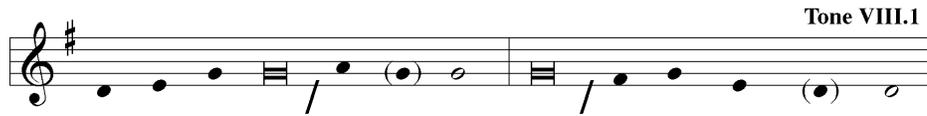
Pentecost 5 – RCL Year “B” Proper 8

Psalm 130 (*see Proper 5 above*) or Lamentation 3:21-33 (*not pointed*) or Psalm 30



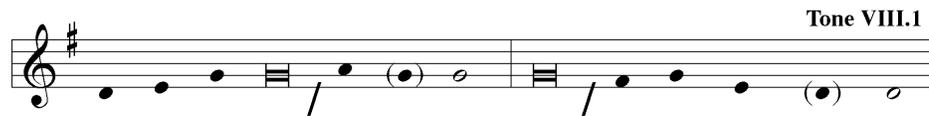
- 1 I will exalt you, O LORD, because you have lifted me / up*
and have not let my enemies / triumph over me.
- 2 O LORD my God, I cried / out to you,*
and you re/stored me to health.
- 3 You brought me up, O LORD, from the / dead;*
you restored my life as I was going / down to the grave.
- 4 Sing to the LORD, you servants of / his;*
give thanks for the remembrance / of his holiness.
- 5 For his wrath endures but the twinkling of an / eye,*
his favor / for a lifetime.
- 6 Weeping may / spend the night,*
but joy comes / in the morning.
- 7 While I felt secure, I said, “I shall never / be disturbed.*
You, LORD, with your favor, made me as strong / as the mountains.”
- 8 Then you / hid your face,*
and / I was filled with fear.
- 9 I cried to / you, O LORD;*
I pleaded with / the Lord, saying,
- 10 “What profit is there in my blood, if I go down to the / Pit?*
- will the dust praise you or de/clare your faithfulness?
- 11 Hear, O LORD, and have mercy up/on me;*
O LORD, / be my helper.”
- 12 You have turned my wailing into / dancing;*
you have put off my sack-cloth and / clothed me with joy.
- 13 Therefore my heart sings to you without / ceasing;*
O LORD my God, I will give you / thanks for ever.

Pentecost 6– RCL Year “B” Proper 9
Psalm 48 or Psalm 123



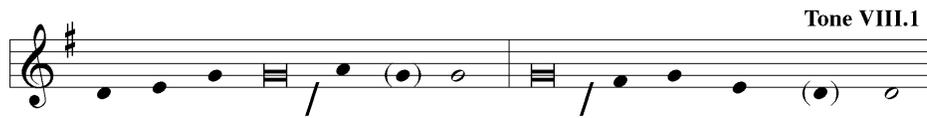
- 1 To you I lift up my / eyes,*
to you enthroned / in the heavens.
- 2 As the eyes of servants look to the hand of their / masters,*
and the eyes of a maid to the hand / of her mistress,
- 3 So our eyes look to the / LORD our God,*
until he show / us his mercy.
- 4 Have mercy upon us, O LORD, have / mercy,*
for we have had more than e/nough of contempt,
- 5 Too much of the scorn of the indolent / rich,*
and of the de/rision of the proud.

Pentecost 7– RCL Year “B” Proper 10
Psalm 24 or Psalm 85:8-13



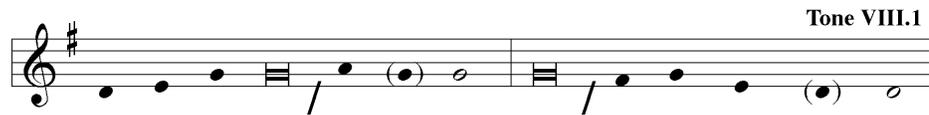
- 1 The earth is the LORD's and all that is / in it,*
the world and / all who dwell therein.
- 2 For it is he who founded it upon the / seas*
and made it firm upon the / rivers of the deep.
- 3 “Who can ascend the hill of the /LORD?*
- and who can stand / in his holy place?”
- 4 “Those who have clean hands and a / pure heart,*
who have not pledged themselves to falsehood,
nor sworn / by what is a fraud.
- 5 They shall receive a blessing from the / LORD*
and a just reward from the God of / their salvation.”
- 6 Such is the generation of those who / seek him,*
of those who seek your face, O / God of Jacob.
- 7 Lift up your heads, O gates; lift them high, O ever/lasting doors;*
and the King of / glory shall come in.
- 8 “Who is this King of / glory?”*
“The LORD, strong and mighty, the LORD, migh/ty in battle.”
- 9 Lift up your heads, O gates; lift them high, O ever/lasting doors;*
and the King of / glory shall come in.
- 10 “Who is he, this King of / glory?”*
“The LORD of hosts, he is the / King of glory.”

Pentecost 7– RCL Year “B” Proper 10
Psalm 24 or Psalm **85:8-13**



- 8 I will listen to what the LORD God is / saying,*
for he is speaking peace to his faithful people
and to those who / turn their hearts to him.
- 9 Truly, his salvation is very near to those who / fear him,*
that his glory may / dwell in our land.
- 10 Mercy and truth have met to/gether;*
righteousness and peace have / kissed each other.
- 11 Truth shall spring up from the / earth,*
and righteousness shall look / down from heaven.
- 12 The LORD will indeed grant pros/perity,*
and our land will / yield its increase.
- 13 Righteousness shall go be/fore him,*
and peace shall be a / pathway for his feet.

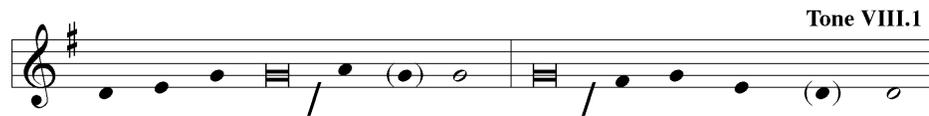
Pentecost 8– RCL Year “B” Proper 11
Psalm 89:20-37 or Psalm 23



- 1 The Lord is my / shepherd;*
I / shall not be in want.
- 2 He makes me lie down in green / pastures*
and leads me be/side still waters.
- 3 He revives my / soul*
and guides me along right pathways / for his Name’s sake.
- 4 Though I walk through the valley of the shadow of death,
I shall fear no / evil;*
for you are with me; your rod and your / staff, they comfort me.
- 5 You spread a table before me in the presence of those who / trouble me;*
you have anointed my head with oil, and my cup is / running over.
- 6 Surely your goodness and mercy shall follow me all the days of my / life,*
and I will dwell in the house of the / LORD for ever.

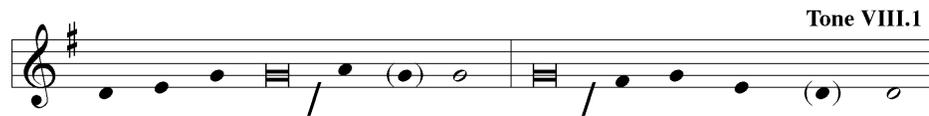
Pentecost 9– RCL Year “B” Proper 12

Psalm 14 or Psalm 145:10-19



- 1 The fool has said in his heart, “There is / no God.”*
All are corrupt and commit abominable acts;
there is none / who does any good.
- 2 The LORD looks down from heaven up/on us all,*
to see if there is any who is wise, if there is one / who seeks after God.
- 3 Every one has proved faithless; all alike have / turned bad;*
there is none who / does good; no, not one.
- 4 Have they no knowledge, all those evil/doers*
who eat up my people like bread and do not / call upon the LORD?
- 5 See how they tremble with / fear,*
because God is in the company /of the righteous.
- 6 Their aim is to confound the plans of the af/flicted,*
but the LORD / is their refuge.
- 7 Oh, that Israel’s deliverance would come out of / Zion!*
when the LORD restores the fortunes of his people,
Jacob will rejoice and / Israel be glad.

Pentecost 9– RCL Year “B” Proper 12
Psalm 14 or Psalm **145:10-19**



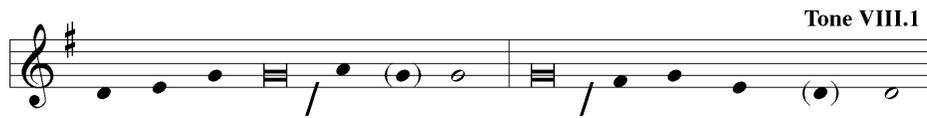
- 10 All your works praise / you, O LORD,*
and your faithful / servants bless you.
- 11 They make known the glory of your / kingdom*
and speak / of your power;
- 12 That the peoples may know of your / power*
and the glorious splendor / of your kingdom.
- 13 Your kingdom is an everlasting / kingdom;*
your dominion endures through/out all ages.
- 14 The LORD is faithful in / all his words*
and merci/ful in all his deeds.
- 15 The LORD upholds all / those who fall;*
he lifts up those / who are bowed down.
- 16 The eyes of all wait upon / you, O LORD,*
and you give them their food / in due season.
- 17 You open / wide your hand*
and satisfy the needs of every / living creature.
- 18 The LORD is righteous in / all his ways*
and lov/ing in all his works.
- 19 The LORD is near to those who call up/on him,*
to all who call up/on him faithfully.

Pentecost 10– RCL Year “B” Proper 13
Psalm 51:1-13 or Psalm 78:23-29



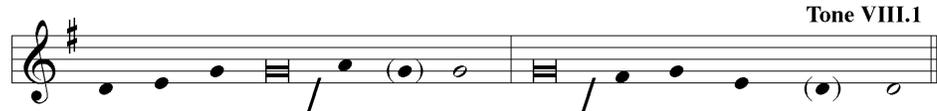
- 1 Have mercy on me, O God, according to your loving-/kindness;*
in your great compassion blot out / my offenses.
- 2 Wash me through and through from my / wickedness*
and cleanse / me from my sin.
- 3 For I know my trans/gressions, *
and my sin is ev/er before me.
- 4 Against you only have I /sinned, *
and done what is e/vil in your sight.
- 5 And so you are justified when you / speak *
and upright / in your judgment.
- 6 Indeed, I have been wicked from my / birth, *
a sinner / from my mother's womb.
- 7 For behold, you look for truth deep with/in me, *
and will make me understand / wisdom secretly.
- 8 Purge me from my sin, and I shall be / pure; *
wash me, and I / shall be clean indeed.
- 9 Make me hear of joy and / gladness, *
that the body you have / broken may rejoice.
- 10 Hide your face from my / sins *
and blot out all / my iniquities.
- 11 Create in me a clean / heart, O God, *
and renew a right spi/rit within me.
- 12 Cast me not away from your / presence *
and take not your holy / Spirit from me.
- 13 Give me the joy of your saving / help again *
and sustain me with your boun/tiful Spirit.

Pentecost 10– RCL Year “B” Proper 13
Psalm 51:1-13 or Psalm **78:23-29**



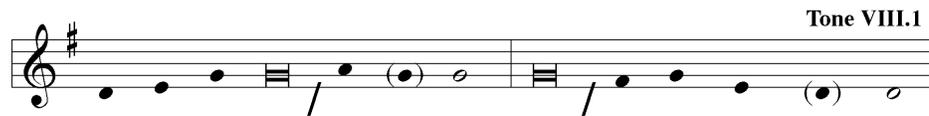
- 23 So he commanded the / clouds above*
and opened the / doors of heaven.
- 24 He rained down manna upon them to / eat*
and gave them / grain from heaven.
- 25 So mortals ate the bread of / angels;*
he provided / for them food enough.
- 26 He caused the east wind to blow in the / heavens*
and led out the / south wind by his might.
- 27 He rained down flesh upon them like / dust*
and wingéd birds like the / sand of the sea.
- 28 He let it fall in the midst of / their camp*
and round a/bout their dwellings.
- 29 So they ate and were / well filled,*
for he / gave them what they craved.

Pentecost 11– RCL Year “B” Proper 14
Psalm 130 or Psalm 34:1-8



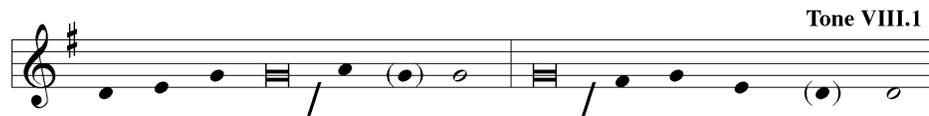
- 1 Out of the depths have I called to you, O LORD;
LORD, / hear my voice;*
Let your ears consider well the voice of my / supplication.
- 2 If you, LORD, were to note what is / done amiss,*
----- / O Lord, who could stand?
- 3 For there is forgiveness with / you;*
therefore / you shall be feared.
- 4 I wait for the LORD; my soul / waits for him;*
in his / word is my hope.
- 5 My soul waits for the LORD, more than watchmen for the / morning;*
more than watchmen / for the morning.
- 6 O Israel, wait for the / LORD,*
for with the LORD / there is mercy;
- 7 With him there is plenteous re/demption,*
and he shall redeem Isra/el from all their sins.

Pentecost 11– RCL Year “B” Proper 14
Psalm 130 or Psalm **34:1-8**



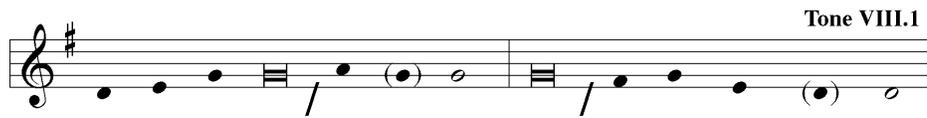
- 1 I will bless the LORD at / all times;*
his praise shall ev/er be in my mouth.
- 2 I will glory in the / LORD;*
let the hum/ble hear and rejoice.
- 3 Proclaim with me the greatness of the / LORD;*
let us exalt his / Name to/gether.
- 4 I sought the LORD, and he / answered me*
and delivered me out of / all my terror.
- 5 Look upon him and be / radiant,*
and let not your / faces be ashamed.
- 6 I called in my affliction and the LORD / heard me*
and saved me from / all my troubles.
- 7 The angel of the LORD encompasses those who / fear him,*
and he / will deliver them.
- 8 Taste and see that the / LORD is good;*
happy are / they who trust in him!

Pentecost 12– RCL Year “B” Proper 15
Psalm 111 or Psalm 34:9-14



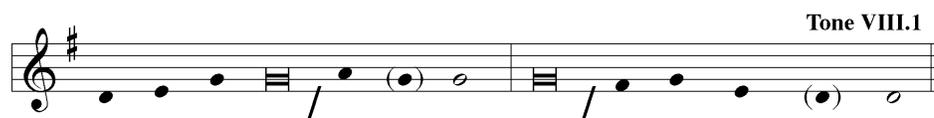
- 1 Hallelujah! I will give thanks to the LORD with my / whole heart*
in the assembly of the upright, in the / congregation.
- 2 Great are the deeds of the / LORD!*
they are studied by all / who delight in them.
- 3 His work is full of majesty and / splendor,*
and his righteousness en/dures for ever.
- 4 He makes his marvelous works to be re/membered;*
the LORD is gracious and full / of compassion.
- 5 He gives food to those who / fear him;*
he is ever mindful / of his covenant.
- 6 He has shown his people the power of / his works*
in giving them the lands / of the nations.
- 7 The works of his hands are faithfulness and / justice;*
all his com/mandments are sure.
- 8 They stand fast for ever and / ever,*
because they are done in / truth and equity.
- 9 He sent redemption to his people; he commanded his covenant for / ever;*
holy and / awesome is his Name.
- 10 The fear of the LORD is the beginning of / wisdom;*
those who act accordingly have a good understanding;
his praise en/dures for ever.

Pentecost 12– RCL Year “B” Proper 15
Psalm 111 or Psalm 34:9-14



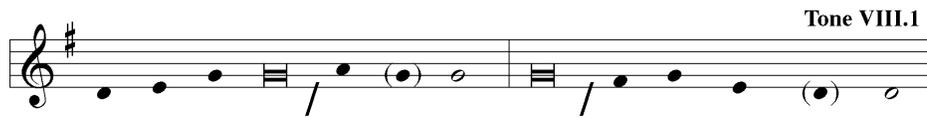
- 9 Fear the LORD, you that are/ his saints,*
for those who fear / him lack nothing.
- 10 The young lions lack and suffer / hunger,*
but those who seek the LORD lack / nothing that is good.
- 11 Come, children, and listen to / me;*
I will teach you the / fear of the LORD.
- 12 Who among you loves / life*
and desires long life to en/joy prosperity?
- 13 Keep your tongue from evil-/speaking*
and your / lips from lying words.
- 14 Turn from evil and / do good;*
seek peace / and pursue it.

Pentecost 13– RCL Year “B” Proper 16
Psalm 84 or Psalm 34:15-22



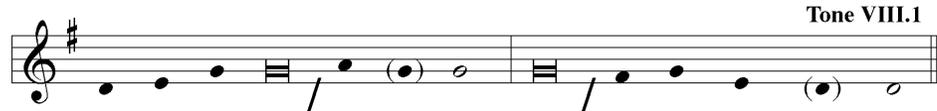
- 1 How dear to me is your dwelling, O / LORD of hosts!*
My soul has a desire and longing for the courts of the LORD;
my heart and my flesh rejoice / in the living God.
- 2 The sparrow has found her a house
and the swallow a nest where she may / lay her young;*
by the side of your altars, O LORD of hosts, my / King and my God.
- 3 Happy are they who dwell in your / house!*
they will al/ways be praising you.
- 4 Happy are the people whose strength is / in you!*
whose hearts are set / on the pilgrims' way.
- 5 Those who go through the desolate valley will find it a / place of springs,*
for the early rains have covered it with / pools of water.
- 6 They will climb from / height to height,*
and the God of gods will reveal him/self in Zion.
- 7 LORD God of hosts, / hear my prayer;*
hearken, O / God of Jacob.
- 8 Behold our defender, O / God;*
and look upon the face of / your Anointed.
- 9 For one day in your courts is better than a thousand in / my own room,*
and to stand at the threshold of the house of my God
than to dwell in the tents / of the wicked.
- 10 For the LORD God is both / sun and shield;*
he will give / grace and glory.
- 11 No good thing will the / LORD withhold*
from those who walk / with integrity.
- 12 O / LORD of hosts,*
happy are they who / put their trust in you!

Pentecost 13– RCL Year “B” Proper 16
Psalm 84 or Psalm 34:15-22



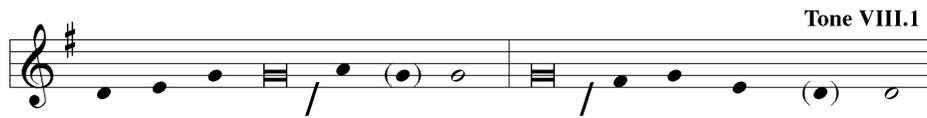
- 15 The eyes of the LORD are upon the / righteous,*
and his ears are / open to their cry.
- 16 The face of the LORD is against those who do / evil,*
to root out the remembrance of / them from the earth.
- 17 The righteous cry, and the LORD / hears them*
and delivers them from / all their troubles.
- 18 The LORD is near to the broken/hearted*
and will save those whose / spirits are crushed.
- 19 Many are the troubles of the / righteous,*
but the LORD will deliver him / out of them all.
- 20 He will keep safe / all his bones;*
not one of them / shall be broken.
- 21 Evil shall slay the / wicked,*
and those who hate the righteous / will be punished.
- 22 The LORD ransoms the life of his / servants,*
and none will be pun/ished who trust in him.

Pentecost 14– RCL Year “B” Proper 17
Psalm 45:1-2, 7-10 or Psalm 15



- 1 LORD, who may dwell in your taber/nacle?*
who may abide up/on your holy hill?
- 2 Whoever leads a blameless life and does / what is right,*
who speaks the / truth from his heart.
- 3 There is no guile upon his tongue; he does no evil to his / friend;*
he does not heap contempt up/on his neighbor.
- 4 In his sight the wicked is re/jected,*
but he honors / those who fear the LORD.
- 5 He has sworn to / do no wrong*
and does/ not take back his word.
- 6 He does not give his money in / hope of gain,*
nor does he take a bribe a/gainst the innocent.
- 7 Whoever / does these things*
shall ne/ver be overthrown.

Pentecost 15– RCL Year “B” Proper 18
Psalm 125 or Psalm 146



- 1 Those who trust in the LORD are like Mount / Zion,*
which cannot be moved, but stands / fast for ever.
- 2 The hills stand about Je/rusalem;*
so does the LORD stand round about his people,
from this time / forth for evermore.
- 3 The scepter of the wicked shall not hold sway
over the land allotted to the / just,*
so that the just shall not put their / hands to evil.
- 4 Show your goodness, O LORD, to those who are / good*
and to those / who are true of heart.
- 5 As for those who turn aside to crooked ways,
the LORD will lead them away with the evil/doers;*
but peace be / upon Israel.

Pentecost 15– RCL Year “B” Proper 18
Psalm 125 or Psalm 146



- 1 Hallelujah! Praise the LORD, / O my soul!*
I will praise the LORD as long as I live;
I will sing praises to my God while I / have my being.
- 2 Put not your trust in rulers, nor in any / child of earth,*
for there / is no help in them.
- 3 When they breathe their last, they re/turn to earth,*
and in that day / their thoughts perish.
- 4 Happy are they who have the God of Jacob / for their help!*
whose hope is / in the LORD their God;
- 5 Who made heaven and earth, the seas, and all that is / in them;*
who keeps his pro/mise for ever;
- 6 Who gives justice to those who / are oppressed,*
and food to / those who hunger.
- 7 The LORD sets the prisoners free; the LORD opens the eyes of the / blind;*
the LORD lifts up those / who are bowed down;
- 8 The LORD loves the righteous; the LORD cares for the / stranger;*
he sustains the orphan and widow, but frustrates the way / of the wicked.
- 9 The LORD shall reign for / ever,*
your God, O Zion, throughout all generations. / Hallelujah!

Pentecost 17– RCL Year “B” Proper 20

Psalm 1 or Psalm 54

Tone VIII.1



- 1 Happy are they who have not walked in the counsel of the / wicked,*
nor lingered in the way of sinners,
nor sat in the seats / of the scornful!
- 2 Their delight is in the law of the / LORD,*
and they meditate on / his law day and night.
- 3 They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not / wither;*
everything they / do shall prosper.
- 4 It is not so with the / wicked;*
they are like chaff which / the wind blows away.
- 5 Therefore the wicked shall not stand upright when / judgment comes,*
nor the sinner in the council / of the righteous.
- 6 For the LORD knows the way of the / righteous,*
but the way of the / wicked is doomed.

Pentecost 19– RCL Year “B” Proper 22

Psalm 26 or Psalm 8

Tone VIII.1



- 1 O LORD our / Governor,*
how exalted is your / Name in all the world!
- 2 Out of the mouths of infants and / children*
your majesty is praised a/bove the heavens.
- 3 You have set up a stronghold against your adver/saries,*
to quell the enemy and / the avenger.
- 4 When I consider your heavens, the work of your / fingers,*
the moon and the stars you have set / in their courses,
- 5 What is man that you should be mindful of / him?*
- the son of man that / you should seek him out?
- 6 You have made him but little lower than the / angels;*
you adorn him with glo/ry and honor;
- 7 You give him mastery over the works of / your hands;*
you put all things / under his feet:
- 8 All sheep and / oxen,*
even the / wild beasts of the field,
- 9 The birds of the air, the fish of the / sea,*
and whatsoever walks in the / paths of the sea.
- 10 O LORD our / Governor,*
how exalted is your / Name in all the world!

Pentecost 21– RCL Year “B” Proper 24
Psalm 104:1-9, 25, 37b or Psalm 91:9-16

Tone VIII.1



- 1 Bless the LORD, / O my soul;*
O LORD my God, how excellent is your greatness!
you are clothed with majes/ty and splendor.
- 2 You wrap yourself with light as with a / cloak*
and spread out the heavens / like a curtain.
- 3 You lay the beams of your chambers in the waters a/bove;*
you make the clouds your chariot; you ride on the / wings of the wind.
- 4 You make the winds your / messengers*
and flames of / fire your servants.
- 5 You have set the earth upon its foun/dations,*
so that it never shall / move at any time.
- 6 You covered it with the Deep as with a / mantle;*
the waters stood higher / than the mountains.
- 7 At your rebuke they / fled;*
at the voice of your thunder they / hastened away.
- 8 They went up into the hills and down to the valleys be/neath,*
to the places you had ap/pointed for them.
- 9 You set the limits that they should / not pass;*
they shall not again / cover the earth.
- 25 O LORD, how manifold are your / works!*
in wisdom you have made them all; the earth is full / of your creatures.
- 37 ___ * _____ / Hallelujah!

Pentecost 21– RCL Year “B” Proper 24
Psalm 104:1-9, 25, 37b or Psalm **91:9-16**

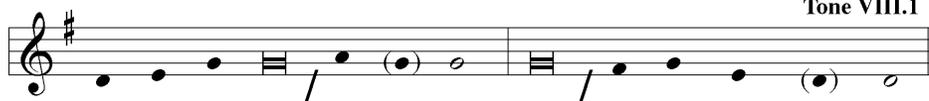
Tone VIII.1



- 9 Because you have made the LORD your / refuge,*
and the Most High your / habitation,
- 10 There shall no evil happen / to you,*
neither shall any plague come / near your dwelling.
- 11 For he shall give his angels charge / over you,*
to keep / you in all your ways.
- 12 They shall bear you in their / hands,*
lest you dash your / foot against a stone.
- 13 You shall tread upon the lion and / adder;*
you shall trample the young lion and the serpent / under your feet.
- 14 Because he is bound to me in love, therefore will I de/liver him;*
I will protect him, be/cause he knows my Name.
- 15 He shall call upon me, and I will / answer him;*
I am with him in trouble; I will rescue him and bring / him to honor.
- 16 With long life will I satis/fy him,*
and show him / my salvation.

Pentecost 22– RCL Year “B” Proper 25
Psalm 34:1-8, (19-22) or Psalm 126

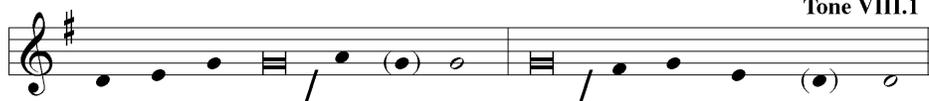
Tone VIII.1



- 1 I will bless the LORD at / all times;*
his praise shall ev/er be in my mouth.
- 2 I will glory in the / LORD;*
let the hum/ble hear and rejoice.
- 3 Proclaim with me the greatness of the / LORD;*
let us exalt his / Name to/gether.
- 4 I sought the LORD, and he / answered me*
and delivered me out of / all my terror.
- 5 Look upon him and be / radiant,*
and let not your / faces be ashamed.
- 6 I called in my affliction and the LORD / heard me*
and saved me from / all my troubles.
- 7 The angel of the LORD encompasses those who / fear him,*
and he / will deliver them.
- 8 Taste and see that the / LORD is good;*
happy are / they who trust in him!
- 19 Many are the troubles of the / righteous,*
but the LORD will deliver him / out of them all.
- 20 He will keep safe / all his bones;*
not one of them / shall be broken.
- 21 Evil shall slay the / wicked,*
and those who hate the righteous / will be punished.
- 22 The LORD ransoms the life of his / servants,*
and none will be pun/ished who trust in him.

Pentecost 24— RCL Year “B” Proper 27
Psalm 127 or Psalm 146

Tone VIII.1



- 1 Hallelujah! Praise the LORD, / O my soul!*
I will praise the LORD as long as I live;
I will sing praises to my God while I / have my being.
- 2 Put not your trust in rulers, nor in any / child of earth,*
for there / is no help in them.
- 3 When they breathe their last, they re/turn to earth,*
and in that day / their thoughts perish.
- 4 Happy are they who have the God of Jacob / for their help!*
whose hope is / in the LORD their God;
- 5 Who made heaven and earth, the seas, and all that is / in them;*
who keeps his pro/mise for ever;
- 6 Who gives justice to those who / are oppressed,*
and food to / those who hunger.
- 7 The LORD sets the prisoners free; the LORD opens the eyes of the / blind;*
the LORD lifts up those / who are bowed down;
- 8 The LORD loves the righteous; the LORD cares for the / stranger;*
he sustains the orphan and widow, but frustrates the way / of the wicked.
- 9 The LORD shall reign for / ever,*
your God, O Zion, throughout all generations. / Hallelujah!

Pentecost 25– RCL Year “B” Proper 28
1 Samuel 2:1-10 (not pointed) or Psalm 16

Tone VIII.1



- 1 Protect me, O God, for I take refuge in / you;*
I have said to the LORD, “You are my Lord, my good a/bove all other.”
- 2 All my delight is upon the godly that are in the / land,*
upon those who are noble a/mong the people.
- 3 But those who run after / other gods*
shall have their / troubles multiplied.
- 4 Their libations of blood I will not / offer,*
nor take the names of their / gods upon my lips.
- 5 O LORD, you are my portion and / my cup;*
it is you / who uphold my lot.
- 6 My boundaries enclose a / pleasant land;*
indeed, I have a / goodly heritage.
- 7 I will bless the LORD who gives me / counsel;*
my heart teaches / me, night after night.
- 8 I have set the LORD always be/fore me,*
because he is at my right / hand I shall not fall.
- 9 My heart, therefore, is glad, and my spirit re/joices;*
my body al/so shall rest in hope.
- 10 For you will not abandon me to the / grave,*
nor let your ho/ly one see the Pit.
- 11 You will show me the / path of life;*
in your presence there is fullness of joy,
and in your right hand are plea/sures for ever-more.

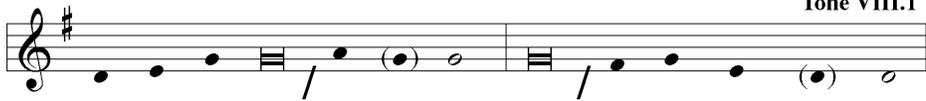
Last Sunday after Pentecost– RCL Year “B” Proper 29
Psalm 132:1-13 (14-19) or Psalm 93

Tone VIII.1



Last Sunday after Pentecost– RCL Year “B” Proper 29
Psalm 132:1-13 (14-19) or Psalm 93

Tone VIII.1



- 1 The LORD is King; he has put on splendid ap/parel;*
the LORD has put on his apparel
and gird/ed himself with strength.
- 2 He has made the whole world so / sure*
that it / cannot be moved;
- 3 Ever since the world began, your throne has been es/tablshed;*
you are from / everlasting.
- 4 The waters have lifted up, O LORD,
the waters have lifted / up their voice;*
the waters have lifted / up their pounding waves.
- 5 Mightier than the sound of many waters,
mightier than the breakers of the / sea,*
mightier is the / LORD who dwells on high.
- 6 Your testimonies are / very sure,*
and holiness adorns your house, O LORD,
for ever / and for evermore.

Gradual Psalms for the Congregation

There are many methods for singing the psalms in use today. Plainsong, certainly the oldest known method in the history of the Church, must take place of preference. The elaboration of plainsong melodies for texts of antiphons and portions of psalms as “minor propers” of the mass, is intentionally set apart as music for trained choirs. However, the eight original psalm tones provide a melodic formula subservient to the text and simple enough for any congregation to sing. Since repetition is the easiest way to teach any form for music, these psalms have intentionally been set to the same chant for the Advent, Epiphany, Lent, and Easter seasons.

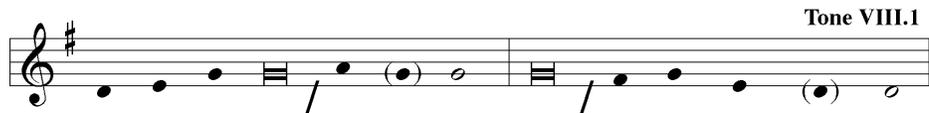
The first three notes [intonation] are used only for the beginning verse.

The Reciting Note (RN) is used for text up to the / symbol.

Words following the / symbol are sung syllabically to each note. (*see below)

Parenthetical notes () are only used when needed.

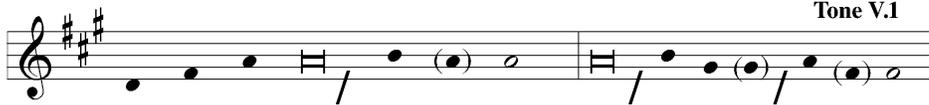
Notes indicate pitch. Natural word accents supply the rhythm.



[intonation] RN / * RN /

- 1 [I was glad] when they / said to me,*
“Let us go to the / house of the LORD.
- 2 Now our feet are / stand-ing*
within your gates, / O Je-ru-sa-lem.

And another example:



- 1 [Ascribe to] the / LORD, you gods,*
ascribe to the LORD / glory / and strength.
- 2 Ascribe to the LORD the glory / due his Name;*
worship the LORD in the / beauty of / holiness.

*The pointing for some half verses before an asterisk uses only the first note after the reciting note.

This is called an *Abrupt Mediation* (... number our / days* - “G” reciting note ending on “A” for “days”.

(... from the / Lord,* - “G” reciting note ending on “A” for “LORD”.



So teach us to number our / days*
that we may apply our / hearts to wisdom.

Children are a heritage from the / LORD,*
and the fruit of the / womb is a gift.